# Building a Healthier Bronx

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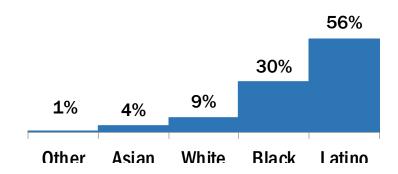
Data presented and accurate as of July 29, 2020.



#### Who Lives in the Bronx?

**Population: 1,455,720** 

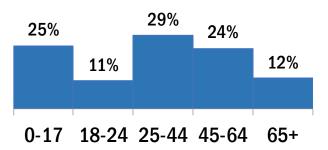
#### **Race and Ethnicity**

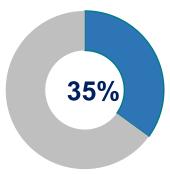


90+

Languages are spoken by residents

#### **Age Group**





Are foreign born



### **Bronx Borough Assets**



**87%** of the population lives in walking distance of a park<sup>1</sup>



Over 170,000 frontline workers deemed essential during COVID-19 pandemic live in Bronx<sup>2</sup>





**236,267** students enrolled in public schools<sup>4</sup>

(1) Source: New York City Department of Parks and Recreation, 2017 New York City DOHMH population estimates, modified from US Census Bureau intercensal population estimates; Defined as 1/4-mile or less to entrances of smaller sites, such as sitting areas and playgrounds, and 1/2-mile or less to entrances of larger parks.

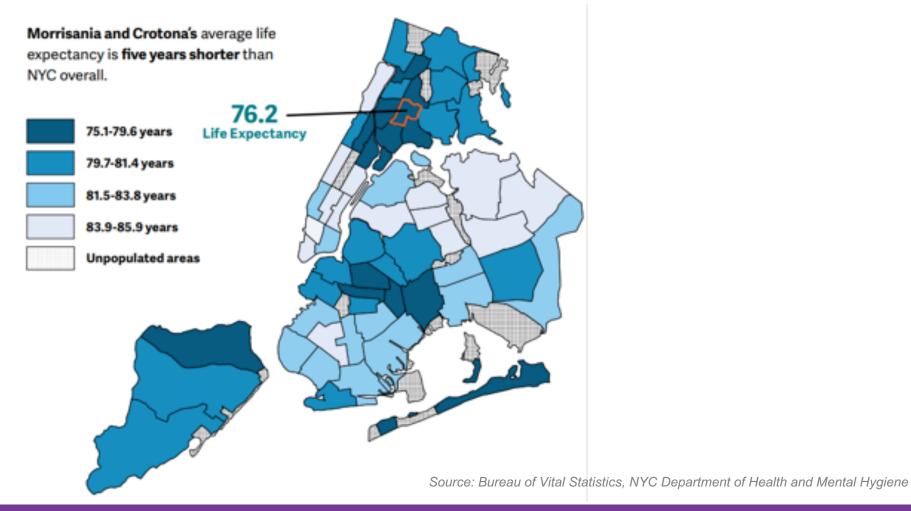
(2) Source: U.S. Census Bureau, American Community Survey, 2014-2018 5-year estimates Produced by the Office of the NYC Comptroller.

(3) Source: New York Public Library website

(4) Source: NYC Department of Education attendance data, 2018-29



# There are many ways to measure the health of whole neighborhoods. Life expectancy is one way, and in NYC there are preventable health disparities between neighborhoods.









Bronx ranked least healthiest county in NY 7th year in a row thiest county in New York state for the seventh year

Annual Report Reveals th in New York The rankings determined that Bronx Co 62 in both the health outcome and hea

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**Bronx nam** 

Health & Fitness

### Bronx Ranked NY's Sickest County, Massive Disparity Seen In City

The study showed that Manhattan, just over the Harlem River, was one of the state's healthiest.

By Adam Nichols, Patch Staff P

Mar 19, 2019 11:01 am ET | Updated Mar 19, 2019 11:52 am ET

'It's going York State

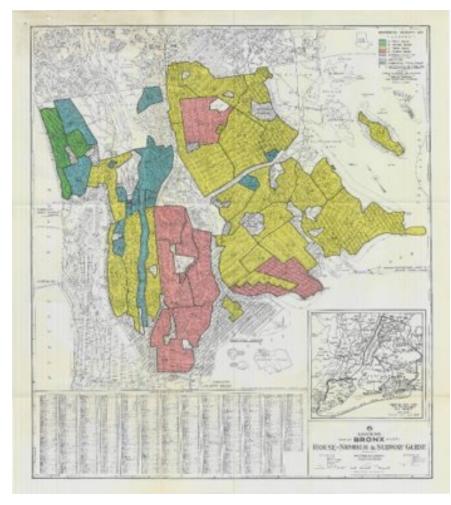




Policies and practices of yesterday are determining the health outcomes of today.



### "Race" and place are intertwined – by design.



One example: Redlining

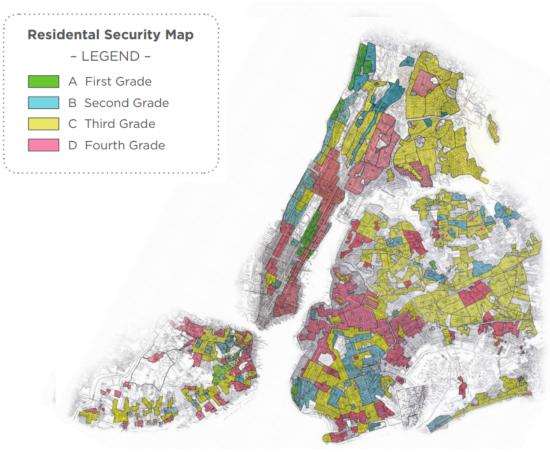
- Government policy that codified racism and allowed real estate businesses to profit.
- Maps indicated areas where government-backed mortgages would not be issued.
- This effectively segregated neighborhoods by "race."
- Led to enduring and current systemic and deeply institutionalized lack of investment in communities of color (such as banks and businesses) and continued real estate practices favoring wealthier/whiter neighborhoods.

Image Source: Nelson RK, Winling L, Marciano R, Connolly N, et al. Mapping Inequality: Redlining in New Deal America. 2017; https://dsl.richmond.edu/panorama/redlining. Accessed January 1, 2020.

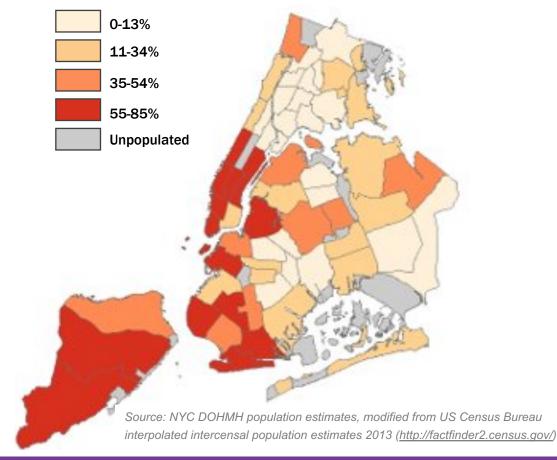


# Neighborhood segregation continues as a result of current practices and policies.

#### Redlining Map - 1930s



#### % Population White - 2013

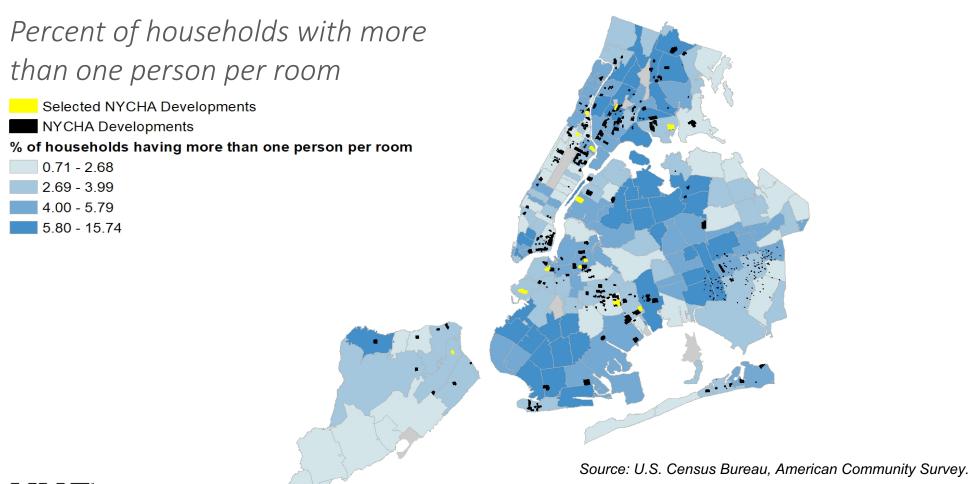




COVID-19 is a case study of how past practices and current inequities converge in an emergency.



# Overcrowded households face challenges in containing COVID-19 spread.

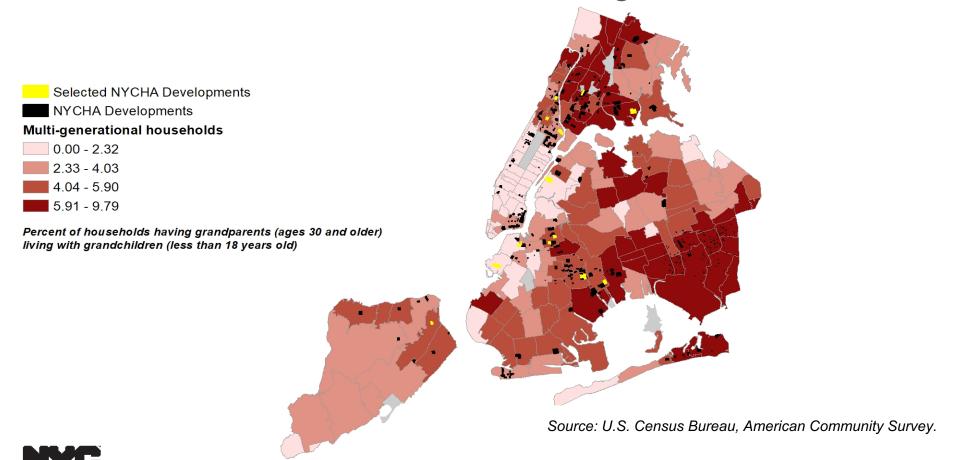






#### Multi-generational households are at higher risk of spreading the disease to older adults.

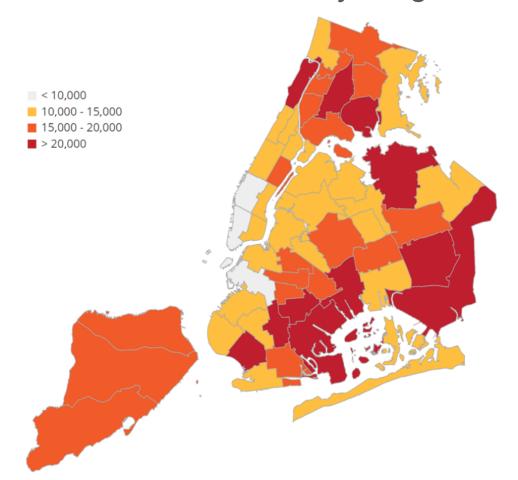
Percent of households that are multi-generational





# Essential workers have higher exposure to COVID-19, and disproportionately live in low-income areas.

Number of NYC Frontline Workers by Neighborhood of Residence

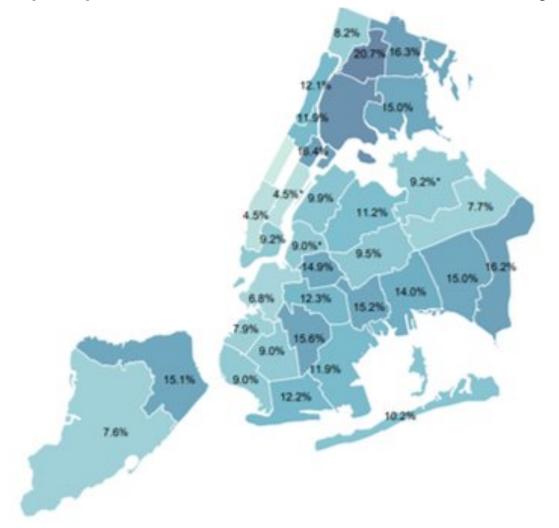


Source: U.S. Census Bureau, American Community Survey, 2014-2018 5-year estimates Produced by the Office of the NYC Comptroller.



#### Bronx residents have high risk of underlying chronic diseases.

Percent of people who have ever been told they have diabetes

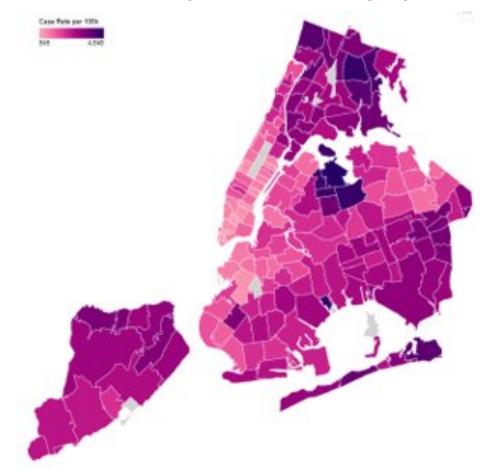


Source: Community Health Survey 2017, NYC DOHMH

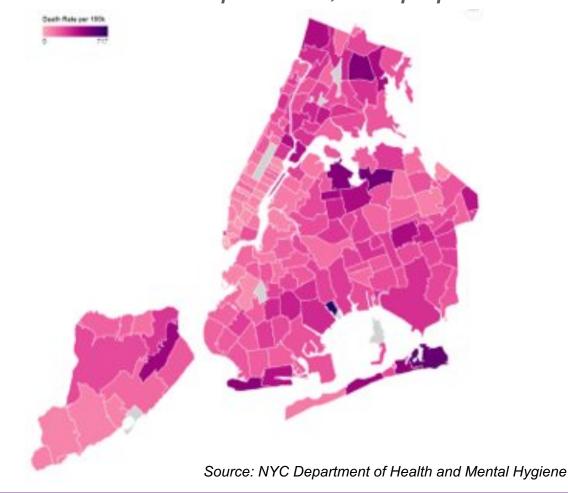


# Bronx borough has the highest rate of COVID-19 cases and deaths.

Covid-19 cases per 100,000 pop.



Covid-19 deaths per 100,000 pop.





To change the neighborhood health tomorrow, we need to change policies and practices today.



## **Promote Civic Engagement**

#### **VOTE**

- Increase voter registration
- Increase knowledge about voting
- Increase voter turnout
  - \* General Election November 3, 2020 \*

#### **BE COUNTED IN THE US CENSUS 2020**

- The Census count determines resource allocation and impacts representation in government
- Immigration status is NOT included on the Census form

my2020census.gov



### **Help Promote COVID-19 Prevention**

## INFORM COMMUNITIES ABOUT WAYS TO REDUCE COVID-19 TRANSMISSION

- Stay home if sick: Only leave for essential medical care including a COVID-19 test and or other essential errands.
- **Keep physical distance**: Stay at least 6 feet away from people who do not live in your home.
- Keep your hands clean: Wash your hands often with soap and water. Use hand sanitizer if soap and water are not available.
- Wear a face covering: You can be contagious without symptoms. Protect those around you by wearing a face covering.



### **Help Promote COVID-19 Prevention**

# PREPARE COMMUNITIES TO RECEIVE A SAFE, EFFECTIVE VACCINE

- Spread accurate information
- Build trust
- Emphasize the importance of vaccination against viral illnesses (such as flu or measles)







