



BRONX BOROUGH PRESIDENT RUBEN DIAZ JR.



BRONX SENIOR RESOURCE GUIDE



Office of the Bronx Borough President Ruben Diaz Jr.
851 Grand Concourse, Rm 301
Bronx, New York 10451

Dear Neighbor:

Senior Citizens are important members of our community. They are people who have contributed positive values into today's society to make it a great place to live, work and raise a family.

Therefore, once I again I am proud to bring you our 2015 "Bronx Senior Citizen Resource Guide," a comprehensive publication that is designed to provide a wide variety of information to both seniors citizens and their service providers.

The "Bronx Senior Citizen Resource Guide" serves as a vital tool to seniors and their families by helping them navigate and take advantage of the many services and programs that The Bronx has to offer. It is my hope that this guide will help make their lives a little easier.

If you have any questions, please contact Larcenia Walton, Director of Senior Services, at 718-590-6248 or you may email her at lw Walton@bronx bp.nyc.gov.

Sincerely,

A handwritten signature in black ink that reads "Ruben Diaz Jr." in a cursive style.

Ruben Diaz Jr.
Bronx Borough President

BRONX SENIOR RESOURCE GUIDE

Bronx Borough President Ruben Diaz Jr.

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GENERAL INFORMATION

Office of the Bronx Borough President

Ruben Diaz Jr.

851 Grand Concourse
Suite 301
Bronx, New York 10451

Senior Services Unit

(718) 590-6248

Constituent Services

(718) 590-3554

Hours: Monday – Friday: 9:00 a.m. - 5:00 p.m.

New York City Department for the Aging

(212) 602-4100

Central Information & Referral
2 Lafayette Street – 6th Floor
New York, New York 10007

New York State Office for the Aging

(800) 342-9871

2 Empire State Plaza
Albany, New York 12223-1251

Carrier Alert Program

In partnership with the United States Postal Service and the National Association of Letter Carriers, the Department for the Aging and the Mayor's Office for People with Disabilities have launched Carrier Alert. This voluntary preventive program enhances a letters carrier's ability to respond when a senior or person with disability may be in distress. For assistance please contact the New York City Department for the Aging at 311.

COMMUNITY BOARDS

Community Board #1

Cedric Loftin, District Manager
George Rodriguez, Board Chair
3030 3rd Avenue Bronx, New York 10455
(718) 585-7117
Neighborhoods: Mott Haven, Port Morris, and Melrose

Community Board #2

Rafael Salamanca Jr., District Manager
Dr. Ian Amritt, Board Chair
1029 East 163rd Street
Bronx, New York 10459
(718) 328-9125
Neighborhoods: Hunts Point, Longwood, and Morrisania

Community Board #3

John Dudley, District Manager
Gloria S. Aston, Board Chair
1426 Boston Road
Bronx, New York 10456
(718) 378-8054
Neighborhoods: Crotona Park, Claremont Village, Concourse Village, Woodstock, and Morrisania

Community Board #4

Jose Rodriguez, District Manager
Kathleen Saunders, Board Chair
1650 Selwyn Avenue, Room11
Bronx, New York 10457
(718) 299-0800
Neighborhoods: Highbridge, Concourse, Mt. Eden, and Concourse Village

Community Board #5

Xavier Rodriguez, District Manager
Dr. Bola Omotosho, Board Chair
Bronx Community College
University Avenue West 181st Street
Bronx, New York 10453
(718) 364-2030

Neighborhoods: Fordham University, Heights, Morris Heights, Bathgate, and Mount Hope

Community Board #6

Irvine Galarza, District Manager
Wendy Rodriguez, Board Chair
1932 Arthur Avenue, Room 709
Bronx, New York 10458
(718) 579-6990

Neighborhoods: Belmont, Bathgate, West Farms, and E. Tremont

Community Board #7

Dustin Engelken, District Manager
Adaline Walker-Santiago, Board Chair
229A East 204th Street
Bronx, New York 10458
(718) 993-5650

Neighborhoods: Norwood, University Heights, and Jerome Park

Community Board #8

(Vacant) District Manager
Dan Padernacht, Board Chair
5676 Riverdale Avenue
Bronx, New York 10471
(718) 884-3959

Neighborhoods: Riverdale, Spuyten Duyvil, Van Cortlandt Village, Kingsbridge Heights, Fieldston, and Marble Hill

Community Board #9

(Vacant) District Manager

William Rivera, Board Chair

1967 Turnbull Avenue, Room 7

Bronx, New York 10473

(718) 823-3034

Neighborhoods: Parkchester, Westchester Square, Unionport, Soundview, Castle Hill, Bruckner, Harding Park, and Clason Point

Community Board #10

Kenneth Kearns, District Manager

Martin Prince, Board Chair

3165 East Tremont Avenue

Bronx, New York 10461

(718) 892-1161

Neighborhoods: Co-op City, City Island, Spencer Estates, Throggs Neck, Country Club, Zerega, Westchester Square, Pelham Bay Park, Eastchester Bay, Schuylerville, Edgewater, Locust Point, and Silver Beach

Community Board #11

Jeremy Warneke, District Managers

Anthony Vitaliano, Board Chair

1741 Colden Avenue

Bronx, New York 10462

(718) 892-6262

Neighborhood: Morris Park, Pelham Parkway, Pelham Gardens, Allerton Avenue, Bronxdale, Laconia and Van Nest

Community Board #12

(Vacant), District Manager

Father Richard Gorman, Board Chair

4101 White Plains Road

Bronx, New York 10466

(718) 881-4455

Neighborhoods: Edenwald, Wakefield, Williamsbridge, Woodlawn, Norwood, Fish Bay, Eastchester, Olinville, and Baychester

SENIOR CITIZEN CENTERS

Seniors centers serve persons 60 years-old and over by providing nutritious meals and a wide range of social, recreational, educational, counseling and other support services. For more information and the location of the center in your neighborhood contact:

New York City Department for the Aging

2 Lafayette Street – 6th Floor
New York, New York 10007
(212) 602-4100 or 311

Senior Centers Listed by Community Board

Community Board #1

South Bronx Community Corporation for Seniors
441 East 155th Street
Bronx, New York 10455
(347) 590-2108

PSS Andrew Jackson Senior Center
325 East 156th Street
Bronx, New York 10451
(718) 585-1640

Betances Senior Center
401 St. Ann's Avenue
Bronx, New York 10454
(718) 292-4922

Douglas Leon Senior Center
735 East 152nd Street
Bronx, New York 10455
(718) 708-6897

Patterson Senior Center
308 East 145th Street
Bronx, New York 10451
(718) 993-5146

Maria Isabel Senior Center
787 East 149th Street
Bronx, New York 10455
(718) 402-8078

Melrose Mott Haven Senior Center
372 East 152nd Street
Bronx, New York 10455
(718) 665-2280

Millbrook Senior Center
201 St. Ann's Avenue
Bronx, New York 10454
(718) 401-4901

Mitchell Houses
188 Lincoln Avenue
Bronx, New York 10451
(718) 665-2168

BW/ E. Roberts Moore Senior Center
515 Jackson Avenue
Bronx, New York 10453
(718) 665-5559

Community Board #2

Housing Options & Geriatric
Association Resources, Inc. (HOGAR)
751 Dawson Street
Bronx, New York 10455
(718) 742-7646

SEBCO Senior Programs
Erma-Cava Building
887 Southern Boulevard
Bronx, New York 10459
(718) 617-3465

Mid Bronx Senior Center
900 Grand Concourse
Bronx, New York 10451
(718) 992-2057

Community Board #3

Davidson Senior Center
950 Union Avenue
Bronx, New York 10459
(718) 328-2810/ 2811

Arturo Schomberg Senior Center
1315 Franklin Avenue
Bronx, New York 10456
(718) 842-6880

William Hodson Senior Center
1320 Webster Avenue
Bronx, New York 10456
(718) 538-1515

Casa Boricua Senior Center
910 East 172nd Street
Bronx, New York 10460
(718) 542-0222

Community Board #4

Concourse Village Special Adult
773 Concourse Village East
Bronx, New York 10451
(718) 293-6552

Mid Bronx Project Homebound- Case
Management (Bx. 4-6)
900 Grand Concourse
Bronx, New York 10451
(718) 588-8200

Hope of Israel Senior Citizen Center
1068 Gerard Avenue
Bronx, New York 10452
(718) 665-8400

PSS Highbridge Senior Center
1181 Nelson Avenue, 2nd Floor
Bronx, New York 10452
(718) 588-3004

Community Board #5

BW/East Concourse Senior Center
236 East Tremont Avenue
Bronx, New York 10457
(718) 731-6300

BW/Heights Center for Senior Center
200 West Tremont Avenue
Bronx, New York 10453
(718) 299-0300

BW/Morris Senior Center
80 East 181st Street
Bronx, New York 10457
(718) 933-5300

BW/Roberto Clemente Senior
Services Office
River Park Towers
30 Richman Plaza
Bronx, New York 10453
(718) 299-2670

Community Board #6

Aquinas Senior Services
1912 Crotona Parkway
Bronx, New York 10460
(718) 842-6440

SEBCO-Mount Carmel Center for
Senior Citizens
2405 Southern Boulevard
Bronx, New York 10458
(718) 733-8852

Neighborhood Shop Guess Senior
Center
2070 Clinton Avenue
Bronx, New York 10457
(718) 584-2357

Community Board #7

Riverdale Y Senior Center
5625 Arlington Avenue
Bronx, New York 10471
(718) 548-8200

Mosholu Montefiore Senior Center
(Bronx 7-8)
3450 Dekalb Avenue
Bronx, New York 10467
(718) 798-6601

RAIN Bailey Senior Center
2660 Bailey Avenue
Bronx, New York 10463
(718) 796-2559

Sister Annunciata Bethel Senior Center
Bedford Park Multi-Service for Senior
Citizens, Inc.
243 East 204th Street
Bronx, New York 10458
(718) 365-3725

RAIN Tolentine Zeiser Nutrition Program
2345 University Avenue
Bronx, New York 10468
(718) 933-6395

Riverdale Senior Services
2600 Netherland Avenue
Bronx, New York 10463
(718) 884-5900

Community Board #8

Mosholu Montefiore Senior Center
(Bronx 7-8)
3450 Dekalb Avenue
Bronx, New York 10467
(718) 798-6601

JASA/Van Cortlandt Village Senior
Center
3880 Sedgwick Avenue
Bronx, New York 10463
(718) 549-4700

RAIN Bailey Senior Center
2660 Bailey Avenue
Bronx, New York 10463
(718) 796-2559

Riverdale Neighborhood House
5521 Mosholu Avenue
Bronx, New York 10471
(718) 549-8100

Riverdale Senior Center
2600 Netherland Avenue
Bronx, New York 10463
(718) 884-5900

Riverdale Y Senior Center
(Riverdale Y Bronx 7-8)
5625 Arlington Avenue
Bronx, New York 10471
(718) 548-8200

Marble Hill Senior Center
5365 Broadway
Bronx, New York 10463
(718) 562-8551

Community Board #9

Bronx River Senior Center
1619 East Street
Bronx, New York 10472
(718) 617-6334

Soundview Senior Center
1674 Seward Avenue
Bronx, New York 10472
(718) 328-1809

Glebe Senior Center
2125 Glebe Avenue
Bronx, New York 10462
(718) 829-1564

Soundview Presbyterian Church
760 Soundview Avenue
Bronx, New York 10473
(718) 842-4100

James Monroe Senior Center
1776 Story Avenue
Bronx, New York 10473
(718) 893-3484

Kips Bay Castle Hill Senior Center
625 Castle Hill Avenue
Bronx, New York 10473
(718) 893-8600

Mechler Hall Senior Center
2158 Watson Avenue
Bronx, New York 10472
(718) 892-1396

RAIN Eastchester Senior Center
1246 Burke Avenue
Bronx, New York 10469
(718) 882-8513

RAIN Parkchester Senior Center
1380 Metropolitan Avenue
Bronx, New York 10462
(718) 597-9220

Community Board #10

PSS- City Island Senior Center
116 City Island
Bronx, New York 10464
(718) 885-0727

RAIN Eastchester Senior Center
1246 Burke Avenue
Bronx, New York 10469
(718) 882-8513

Co-op City Senior Center
2049 Bartow Avenue
Bronx, New York 10475
(718) 320-2066

RAIN Middletown Senior Center
3035 Middletown Road
Bronx, New York 10461
(718) 822-0486

Dreiser Senior Center
177 Dreiser Avenue
Bronx, New York 10475
(718) 320-1345

Einstein Senior Center
135 Einstein Loop
Bronx, New York 10475
(718) 671-5161

HANAC I & R & Rec
3573 Bruckner Boulevard
Bronx, New York 10461
(718) 409-9876

JASA Throgs Neck Senior Center
2705 Schley Avenue
Bronx, New York 10465
(718) 823-1771

Northeast Bronx Senior Citizen Center
2968 Bruckner Boulevard
Bronx, New York 10465
(718) 892-6090

Community Board #11

Allerton Senior Center
1415 Allerton Avenue
Bronx, New York 10469
(718) 652-0414

RAIN Eastchester Senior Center
1246 Burke Avenue
Bronx, New York 10469
(718) 882-8513

Bronx House Senior Center
990 Pelham Parkway South
Bronx, New York 10461
(718) 792-1800

San Gennaro Senior Citizen Center
1556 Williambridge Road
Bronx, New York 10461
(718) 931-4440

Ginsburg Senior Center
975 Waring Avenue
Bronx, New York 10469
(718) 881-1758

Morris Park Community Association
1824 Bronxdale Avenue
Bronx, New York 10462
(718) 823-0596

North East Bronx Association, Inc.
2325 Vance Street
Bronx, New York 10469
(718) 231-8569

Parkside Senior Center
644 Adeo Avenue
Bronx, New York 10467
(718) 881-7780

RAIN Boston Road Senior Center
2424 Boston Road
Bronx, New York 10467
(718) 547-8827

Community Board #12

Emerald Isle Immigration Center
4275 Katonah Avenue
Bronx, New York 10470
(718) 324-3039

JASA/Bay Eden Senior Center
1229 East 229th Street
Bronx, New York 10466
(718) 822-3815

RAIN Boston Secor Senior Center
3540 Bivona Street
Bronx, New York 10475
(718) 892-5520

RAIN Gunhill Senior Center
3377 White Plains Road
Bronx, New York 10467
(718) 881-5589

RAIN Nereid Senior Center
720 Nereid Avenue
Bronx, New York 10466
(718) 994-0132

RAIN Boston East Senior Center
3450 Boston Road
Bronx, New York 10469
(718) 654-9200

SENIOR SERVICES

Home Services for the Elderly (EISEP) is a State-funded program that assists elders who need help with activities of daily living provides an array of services designed to help the individual residing at home.

SUPPLEMENTAL SECURITY INCOME (SSI)

SSI is a monthly payment to people with low-income who are 65 or older or blind or otherwise disabled. Payments supplement Social Security and/or other income. With some exceptions, United States citizenship is required.

Applicants eligible for SSI may also qualify for Medicaid and Food Stamps.

Apply to: Social Security Administration (800) 772-1213

VETERANS BENEFITS

Pensions for low-income and disabled veterans; health care; vocational training; rehabilitation services; education; home loans; disability compensation; life insurance; burial and other benefits are available.

Medical benefits include care in VA hospitals, nursing homes and outpatient services. Dependents and survivors may also be eligible for certain benefits.

You may contact Veterans Benefits at:

U.S. Department of Veterans Affairs, New York Regional Office
245 West Houston Street
New York, New York 10014
(800) 827-1000

FINANCIAL ASSISTANCE

Emergency Assistance for Adults (EAA) helps meet emergency financial needs of people eligible for, or who are receiving, social security. EAA provides assistance in hardship situations, such as replacing lost, stolen or not received SSI checks, or providing funds to cover food needs to prevent eviction or utility shut-off. Call the Human Resources Administration info line at (718) 557-1399 or 311.

CITY MEALS-ON-WHEELS

City Meals-on-Wheels raises private funds to ensure no homebound elderly New Yorker will ever go a day without food or human company. Last year, our family of contributors helped us bring over 2.2 million nutritious meals to 18,065 frail aged in every borough of New York City. In addition, over 1,500 volunteers collectively spent 62,000 hours visiting and delivering meals to New York's frail aged.

Weekend Meals

City Meals contracts with local meal centers to prepare and deliver nutritious meals on Saturdays and Sundays as government funding only covers meals Monday through Friday and not on holidays.

Who is eligible for meals-on-wheels?

To qualify for home-delivered meals, a person must be at least 60 years-old and have a chronic physical or mental disability preventing them from shopping for food or preparing meals for themselves.

To get meals-on-wheels service, every client must receive an assessment visit by a case manager from their local case management agency.

How can I get meals?

Go to www.citymeals.org, enter the ZIP code of the homebound person, and the local case management agency in their community will pop up with a phone number for you to call.

BRONX MEALS PROVIDERS

Mid Bronx Senior Citizens Council
900 Grand Concourse, Bronx, New York 10451
(718) 992-2057

RAIN Senior Options
3450 Boston Road, Bronx, New York 10469
(718) 231-7246

You can also call contact City Meals-on-Wheels by telephone at (212) 687-1234 or by email: getmeals@citymeals.org

BRONX CASE MANAGEMENT AGENCIES

Case management services focus on senior's individual needs and interests, identifying services and resources that enable them to continue living full and independent lives within their communities. Services provided by case management are:

- Arranging home delivered meals (Kosher and non-Kosher).
- Advocacy to help secure all available community services.
- Assistance with managing health concerns.
- Conducting referrals to help with the demands of daily living, including light housekeeping, cleaning, shopping, laundry, personal care, and other home care services.

Below is a listing of the Case Management Agencies that provide service throughout The Bronx:

JASA- Co-op City
135 Einstein Loop
Bronx, New York 10475
(718) 379-0433

Neighborhood SHOPP
910 East 172nd Street
Bronx, New York 10460
(718) 328-3536

RAIN Multi-Services for Seniors
3377A White Plains Road
Bronx, New York 10467
(347) 346-9676

TRANSPORTATION

What is Access-A-Ride?

Access-a-Ride provides transportation for people with disabilities who are unable to use public bus or subway service for some or all of their trips. It offers shared ride, door-to-door paratransit service. AAR operates 24 hours a day, seven days a week. When you call 877-337-2017 and reserve your trip to a location in Nassau or Westchester counties, the reservationist will inform you if the location is within the three-quarter mile service area. New York City Transit (NYC Transit) administers Access-a-Ride; private carriers under contract to NYC Transit provide service.

Access-A-Ride, New York City Transit, Paratransit Division
130 Livingston Street
Brooklyn, New York 11201
(877) 337-2017
Or (718) 393-4999 if you are calling from an outside region

<http://www.mta.nyc.ny.us/nyct/paratran/guide.htm>

IMPORTANT TRANSPORTATION PHONE NUMBERS:

N.Y.C Transit Authority Information (718) 330-1234
Transit Authority Customer Services 511

Reduced Fare

Individuals 65 and older or with qualifying disability may apply for a Reduced Fare card by mail or person. Documentation is needed when applying for Reduced Fare Metrocard or Photo Identification Metrocard.

By Mail:

1. Read and complete an application
2. Enclose a 2" x 2 ½" photograph
3. Enclose a photocopy of acceptable proof of age: Driver's License, Medicare Card, or proof of a qualifying disability and mail to:

MTA New York City Transit

Att: Reduced fare Program

130 Livingston Street
Brooklyn, New York 11201-9625

In Person:

You can bring your application to a MetroCard Bus or Van or to the Walk-In MetroCard Customer Service Center.

1. Bring two valid ID's: Driver's License, Medicare Card, or birth certificate, one of which must have a photograph of you.
2. Free photography services available

Where to go:

MetroCard Bus or Van

Or

MTA Customer Service Center
3 Stone Street
New York, New York 10004

Hours: Open weekdays, 9 a.m. to 5 p.m., except holidays

Or call (718) 330-1234

Metro Card Van Services

If you are 65 or older, bring proof of age: a driver's license, Medicare card or birth certificate (one must have a photo). The MTA will help you complete your application and take your photograph.

Bronx Metro Card Van Schedule

Location	When	Time
Bronx Borough Hall (Grand Concourse & 161 Street)	2nd Wednesday	1:30 PM - 2:30 PM
Co-op City at Bartow Mall (Co-op City Boulevard)	1st & 3rd Thursday	9 AM - 10:30 AM
Co-op City at Dreiser Loop	1st & 3rd Thursday	11 AM - 12:30 PM
Co-op City at Einstein Loop	1st & 3rd Thursday	1 PM - 2:30 PM
East Bronx at 3369 East Tremont Avenue between Bruckner Boulevard & Haskins Street	2nd Friday	1PM - 3PM
Fordham Road & Grand Concourse	2nd & 4th Friday	12 noon - 2 PM
Fordham Plaza – Intersection of Fordham Road, 3rd Avenue & Webster Avenue	2nd & 4th Friday	2:30 PM - 4 PM
Kingsbridge at West 231 Street & Broadway	1st & 3rd Wednesday	2 PM - 3 PM
Parkchester at Metropolitan Oval	2nd Wednesday	11 AM - 12:30 PM
Riverdale at Skyview Shopping Center (Riverdale Avenue between West 256 & West 259 St)	1st & 3rd Wednesday	12 noon - 1 PM
Riverdale at West 235 Street & Johnson Avenue	1st & 3rd Wednesday	9 AM - 11:30 AM
Throgs Neck at St. Frances DeChantal Church (190 Hollywood Avenue)	2nd Wednesday	9 AM - 10 AM
Van Cortlandt Village (3880 Sedgwick Avenue)	2nd & 4th Friday	9:30 AM - 11 AM

Permits/Franchises

New York State Parking Permits For People with Disabilities.

To be eligible to receive a City Parking Permit for People with Disabilities, the following requirements must be met:

- You must require the use of a private vehicle for transportation.
- You must have a severe, permanent disability that impairs mobility as certified by your personal physician and a New York City physician designated by the Department of Health and Mental Hygiene (DOHMH).

To obtain an application visit www.nyc.gov/dot or call 311 or (718) 433-3100

Application for a New York State Parking Permit for People with Disabilities must be mailed to:

NYC Department of Transportation
Division of Traffic and Planning
28-11 Queens Plaza North, 8th Floor
Long Island City, New York 11101-4008

SUPPLEMENTAL NUTRITIONAL ASSISTANCE PROGRAM (SNAP)

SNAP formally, the Food Stamps Program, allow persons with limited incomes to buy food or meals to stay healthy. Instead of coupons, recipients now receive a debit card for purchases. To find out if you are eligible to receive food stamps, visit or call your local office:

SNAP Offices

SNAP Offices are open Monday through Friday from 8:30 a.m. to 5 p.m. The ones marked with an asterisk stay open until 6 p.m., are open an additional hour on the day designated, and are also open on Saturday, from 9 a.m. to 5 p.m.

Concourse

1375 Jerome Avenue, 2nd Floor
Bronx, New York 10452
(718) 722-8013
(718) 590-7235

Crotona Office
1910 Monterey Avenue
Bronx, New York 10457
(718) 722-8013
(718) 901-5459

Hunts Point

845 Barretto Street, B-Level Floor
Bronx, New York 10474
(718) 722-8013
(929) 252-4920 (8:30am-9am only)

SENIOR FARMERS MARKET NUTRITION PROGRAM (SFMNP):

The Senior Farmers Market Nutrition Program (SFMNP) gives low-income older adults free coupons that can be exchanged for eligible food at local farmers markets. The program encourages them to consume fresh fruits and vegetables. Coupons are available in July for use through November. For more information and the location of farmers markets call, (212) 442-3026.

HOME CARE SERVICES FOR SENIORS

In-Home Support Services

Home care services provide the extra help the frail elderly need to remain in their own homes and communities. The following services may be available in your community.

Home Attendant Program

Home Attendant services provide personal care and assistance in the activities of daily living to adults who are aged, disabled or handicapped. These services are provided at the request of a physician. Services are available to recipients of SSI, Medicaid and Public Assistance.

Homemaker Services

Homemaker services provide household management and personal care for aged or handicapped adults in order to prevent their placement in institutions. Homemakers deal with some of the fundamental housekeeping chores (cleaning, marketing, etc.), as well as some personal care and home management. Homemaker services can be provided up to 24 hours a day, seven days a week.

Housekeeper/Chore Services

Housekeeping is a part-time service (up to 12 hours per week for adults) generally provided to elderly or handicapped individuals who are medically in need of this service and are unable to perform basic household task. Recipients of this service must be able to direct and supervise the housekeeper assigned to them. Adults eligible for the service include those receiving Public Assistance, SSI and Medicaid.

Contact your local Community Alternative Systems Agency II (CASA II) for Home Care Services:

Bronx CASA
890 Garrison Avenue, 3rd Floor
Bronx, New York 10474
(929) 252-4564 or (929) 252-4565
Fax (718) 617-7750

EMPLOYMENT

The Bronx Overall Economic Development Corporation

The Bronx Overall Economic Development Corporation (BOEDC), which serves as economic development consultants for the Office of the Bronx Borough President, is also pleased to assist job seekers of all ages in need of help with their job search.

Services include:

- Job referrals
- Critiquing of resume
- Notification of job fairs

For more information call (718) 590-6252 or you may visit the office at:

Bronx Overall Economic Development Corporation
851 Grand Concourse, Room 123
Bronx, New York 10451

The Foster Grandparent Program

The Foster Grandparent Program is a volunteer program that offers seniors age 60 and older a paid non-taxable stipend to serve as mentors, tutors and caregivers for children and youth with special needs. Foster Grandparents serve 20 hours per week in community-based organizations such as elementary schools, hospitals, day care programs, after-school programs and Head Start programs.

Foster Grandparent Program
New York Department for the Aging
2 Lafayette Street
New York, New York 10007
(212) 602-4214 or Dial 311

SENIOR EMPLOYMENT SERVICES

The Department for the Aging's Senior Employment Services (SES) assists New York City residents 55 years of age and older who are seeking work opportunities. SES workshops offer classroom training, job search techniques and part-and full-time job placements. All SES programs offer employment contact and placement assistance for low to moderate income mature adults.

Contact:

NYC Department for the Aging
Senior Employment Services
2 Lafayette Street, 6th Floor
New York, New York 10007
Dial 311 or call (212) 602-6966

Job Training & Placement Agencies

The following are agencies which specialize in job training and placement for senior citizens:

Bronx Workforce1 Career Center
400 East Fordham Road
Bronx, New York 10458
(718) 960-2458

University Heights Workforce1 Career Center
2150 University Avenue
Bronx, New York 10453
(718) 552-1550

Hunts Point Workforce1 Career Center
1029 East 163rd, 3rd Floor
Bronx, New York 10459
(718) 542-6777

LEGAL SERVICES

Several organizations provide legal services free of charge to senior citizens who are in financial need. They handle cases related to landlord tenant conflicts, government benefit programs (Medicare, Medicaid, SSI, Food Stamps) and consumer and public utility disputes. Contact:

LSNY-Bronx Corp
dba Legal Services NYC Bronx
349 East 149th Street, 10th Floor
Bronx, New York 10451
(718) 928-3700

EDUCATION

Many New York City educational institutions welcome senior citizens in their courses. Whether you graduated from college or never received a high school diploma, there are many opportunities to go back to school.

High School Programs

The Department of Education (DOE) has offerings for adults of all ages, including courses on computer skills, English for speakers of other languages, literacy, and GED classes.

Bronx Adult Learning Center
3450 East Tremont Avenue, Room 323
Bronx, New York 10465
(718) 863-4057
www.adultednyc.com

There are a number of colleges and universities in the Bronx which offer discounts on tuition or registration to older adults. For more information, call the colleges listed below:

CITY UNIVERSITY OF NEW YORK (CUNY)

Bronx Community College
2155 University Avenue
South Hall, Suite 211
Bronx, New York 10453
(718) 289-5100

Eugenio María de Hostos Community College
500 Grand Concourse
Bronx, New York 10451
Phone (718) 518-4444

Lehman College
Shuster Hall
250 Bedford Park Boulevard West
Bronx, New York 10468
(877) Lehman
(718) 960-8706/ Fax: (718)960-8712

CULTURAL CENTERS & RECREATIONAL PROGRAMS

The Wildlife Conservation Society –
Bronx Zoo
2300 Southern Boulevard
Bronx, New York 10460
(718) 220-5100

**Seniors Admission Cost - \$19.75-
\$21.95**

65 and over
www.bronxzoo.com

Bronx Museum of the Arts
1040 Grand Concourse
Bronx, New York 10456
(718) 681-6000
(718) 681-6181 Fax

Seniors Admission Cost - FREE

Thursday, Saturday and Sunday
Free on Fridays
www.bronxmuseum.org

The New York Botanical Garden
Bronx River Parkway @ Fordham Road
Bronx, New York 10458
(718) 817-8700

Senior All Garden Pass: \$18-\$22

Senior Grounds Only: \$6

Grounds admission is FREE to
everyone all day Wednesdays and
Saturdays 9am-10am
www.nybg.org

Bronx Council on the Arts
1738 Hone Avenue
Bronx, New York 10461
(718) 931-9500
Senior Membership-\$25
www.bronxarts.org

Bronx Opera Company
Lovinger Theater – Lehman College
250 Bedford Boulevard Park West
Bronx, New York 10468
(718) 960-8833
Senior Discount- \$5.00 off of tickets
www.bronxopera.org

Historical Societies

Bronx Historical Society
3309 Bainbridge Avenue
Bronx, New York 10467
(718) 881-8900

Seniors Discount – Save 15%

Pelham Masonic Historical Society of
City Island
241 City Island Avenue
Bronx, New York 10464
(718) 885-3233

The City Island Historical Society and
Nautical Museum
190 Fordham Street
Bronx, New York 10464
(718) 885-0008
www.cityislandmuseum.org

**Membership Senior Discount - \$10.00
Admission – Free**

THE GRANDPARENT RESOURCE CENTER

The GRC provides a number of supportive services that include information and referral, recreational activities, educational workshops, advocacy, and case assistance to people who are raising grandchildren and other young relatives and need services to help them with this new role. The Center sponsors a network for grandparent support group facilitators to exchange ideas, collaborate on events, and receive specialized training.

To Reach the Grandparents Resource Center call
(212) 602-4299 or call 311.

Caring for Minor Children

Grandparent/Kinship Caregivers Support Programs Directory that is designed to provide information on resources and services available across the state to support grandparents and other relatives (kinship caregivers) raising children. The directory is available on the NYSOFA website at
<http://www.aging.ny.gov/Caregiving/GrandParents/Index.cfm>

Kinship Navigator is a growing number of grandparents and other older relatives find themselves caring for their grandchildren and other relative children due to death, substance abuse, mental illness, incarceration, military deployment and other reasons. The Kinship Navigator is an on-line statewide resource for information and referral where you can access information on laws, legal rights and issues on custody and visitation, eligibility for benefits and entitlement programs, tax credits, respite care and other local services. You can also call their toll-free number at 1-877-454-6463 to speak to a representative, or email: them at navigator@nysnavigator.org
PSS/Grandparents Apartments

The Center offers a wide range of services: support groups, counseling, case management, educational workshops and seminars, homework assistance, recreational activities, legal services and a summer day camp.

GFA's goal is to assist each grandparent with reaching her/his full potential as grandparents raising grandchildren and to enable the grandchildren to gain the emotional and educational tools for success.

Listing of Kinship Caregivers Support Program

Presbyterian Senior Services
Kinship Caregivers Program
(718) 620-1262 Ext. 1213

BURIAL INFORMATION

If a senior citizen dies, leaving no money, family or friends to pay for the burial, contact:

Public Administrator- Bronx County
851 Grand Concourse, Room 336
Bronx, New York 10451
(718) 293-7660

Bronx County Medical Examiner
1600 Pelham Parkway South
Bronx, New York 10013
(718) 829-2030
(718) 725-3930

www.health.state.ny.us/nysdoh/consumer/patient/funeral.htm
"A Consumer's Guide to Arranging a Funeral"

Provides information about many New York City government social services including, eviction prevention, child care, Medicaid, services for people with AIDS, utility shutoffs, homeless shelters, family problems, etc.

HRA INFORMATION LINE
(877) HRA-8411

ELDER ABUSE

The Department for the Aging directly, and through a network of community-based agencies, sponsors elder abuse prevention activities for older New Yorkers and provides counseling and supportive services to victims of elder abuse in New York City.

Elder Abuse Defined

Elder abuse is any knowing, intentional, or negligent act by a caregiver or any other person holding a trusting relationship with a vulnerable older adult, which causes harm or a serious risk of harm to that older adult including physical, emotional, sexual, or financial harm, or neglect, abandonment or confinement.

Resource Center

The Elderly Crime Victims Resource Center provides direct resource and referral to victims of elder abuse and also coordinates our education and prevention efforts around this important agency mission. The Elderly Crime Victims Program within DFTA can be contacted by phone from 9 a.m. to 5 p.m., Monday through Friday (311). After hours, callers are routed to Safe Horizon's hotline to ensure 24/7 assistance.

Community Resources

Many resources exist in the community to assist victims of elder abuse.

Elderly Crime Victims Resource Center

Department for the Aging

2 Lafayette Street

New York, New York 10007

Citywide 311

Monday – Friday: 9:00 a.m. – 5:00 p.m.

Will provide counseling, advocacy, information and referral and assist with the completion of CVB applications.

Crime Victims Support Services of the North Bronx

1138 Neil Avenue

Bronx, New York 10461

(718) 823-4925

Monday- Friday 9 a.m. -5 p.m.

Will provide counseling over the phone and with completion of CVB applications.

Bronx Elder abuse/domestic violence

Bronx District Attorney's Office Elder Abuse Unit

198 East 161 Street, 5th Floor

Bronx, New York 10451

(718) 590-2260

Monday - Friday: 9:00 a.m. – 5:00 p.m.

The elder abuse unit assists victims with crisis intervention, education about criminal court process, advocacy and referrals.

BronxWorks, Inc.

Bronx Works, Inc., has a case manager who helps victims of elder abuse in all its forms: physical, emotional, verbal and financial. Our case manager helps seniors get restraining orders, accompanies them to court, and helps get them whatever additional assistance they need. Bronx Works, Inc., works closely with the police, the Bronx District Attorney's office and Adult Protective Services.

For more information, please contact (718) 933-5300 or you may visit them at:

Bronx Works, Inc. - Morris Innovative Senior Center

80 East 181st Street

Bronx, New York 10453

Bronx Domestic Violence

Neighborhood Self Help by Older Persons, Inc.

Neighborhood Shopp VIP Program

953 Southern Boulevard, Suite 203

Bronx, New York 10459

(718) 542-0006

Community Districts 1-8

Monday - Friday: 9:00 a.m. - 5 p.m.

The VIP Program provides the following services to seniors who are victims of domestic violence and crime by providing the following:

- Information and referral
- Case assistance (file police reports and/ or obtain an order of protection)
- Individual and family counseling
- Assistance with crime victims compensation claims
- Crisis intervention
- Crime and elder abuse prevention workshop
- Educational presentations

Bronx Elder Abuse Safe Horizons Family Court Program

900 Sheridan Avenue, 6th floor, Room 6E38

Bronx, New York 10451

(718) 590-2371

Monday – Friday: 9 a.m. - 5 p.m.

The Bronx Elder Abuse Safe Horizons Family Court Program assists victims who come to family court. Assistance includes:

- Crisis intervention
- Education on court process
- Assistance with family offense petition
- Referrals
- Safety planning
- Assistance with crime victim board applications and emergency assistance for Bronx elder abuse/ domestic violence.

ADULT PROTECTIVE SERVICES

In providing services to impaired adults, it is required for Protective Services for Adults to work with agencies dealing with aging, medical and mental health, legal issues and law enforcement. Services available by Protective Services for Adults include:

- Investigation and assessment of the adult's needs and risk of harm
- Counseling for the victimized adult and their family
- Advocacy and case management services including arranging for medical and mental health assessments, applying for benefits and assuring coordinated delivery services
- Finding alternative living arrangements, including providing emergency room and board for up to 30 days
- Financial management services, including serving as representative payee” Homemaker and housekeeper chore services, within specified limits
- Crisis interventions, such as securing access orders, involuntary protective service orders and orders of protection
- Long-term legal interventions, such as pursuing guardianship

For further information on any of these services, please contact your local department of social services and ask for Protective Services for Adults.

Bronx Borough Office: (718) 620-8880

AGE DISCRIMINATION

Age discrimination is sometimes clear, but more often subtle. It can occur in housing and with your credit. If you have a question of whether you are being discriminated against because of age and are 60 years or older, contact:

Bronx (Headquarters)

New York State Division of Human Rights

One Fordham Plaza, 4th Floor

Bronx, New York 10458

(718) 741-8400

Bronx Works, Inc. Morris Innovative Senior Center

80 East 181st Street

Bronx, New York 10453

(718) 933-5300

Services available Monday-Friday, 8am-3pm

HEALTH

ELDERLY PHARMACEUTICAL INSURANCE COVERAGE PROGRAM (EPIC)

(800) 332-3742

EPIC is a New York State program that helps seniors pay for their prescription drugs. More than a quarter million EPIC enrollees are saving an average of 90 percent of the cost of their medicines. Most enrollees have Medicare Part D or other drug coverage, and use EPIC to lower their drug costs even more by helping them pay the deductibles and co-payments required by their other drug plan. EPIC also helps members pay for Medicare Part D premiums.

Medicare (Enrollment Period: October 15-December 7th)

Helps pay certain hospital costs and medical care after deductibles, co-insurance and/or premiums.

For more information call (800) MEDICARE or speak to a Health Insurance Information Counseling and Assistance Program counselor at (212) 602-4180.

Medicare Savings Program

This program is a Medicaid- administered program available to Medicare consumers with limited income. If you qualify, this program will pay your Medicare Part B premium. If you would like to enroll in the Medicare Savings Program you may request an application by calling the HRA Medicaid Helpline at 888-692-6116 or pick one up at any Community Medicaid Office. You may submit your application in person or by mail.

Applications must be mailed to:

HRA/ Medical Assistance Program

MSP-CREP, 5th Floor

PO Box 24330

Brooklyn, New York 11202-9801

New York Prescription Saver Card

A free pharmacy discount card for New York State residents. You can use this card at participating pharmacies to save as much as 60 percent on generics and 30 percent on brand name drugs.

Call New York Prescription Saver at (800) 788-6917

Medicaid

Pays medical bills for low-income persons including services not covered by Medicare (dental care, home care, institutional care, prescription drugs, eye glasses, and hearing aids). Call (800) 541-2831 or 311 for more information.

Health Insurance Information, Counseling & Assistance Program (HICAP)

The NYC HIICAP is New York's source for free, current and impartial information about health care coverage. About 500 trained HICAP counselors are available to answer Bronx resident's questions about Medicare, Medicare Advantage programs (managed care), Medicare prescription drug coverage, Medigap and other health and long term care insurance. Counseling is available through a toll free HIICAP Helpline at (800) 701-0501 or (212) 341-3978. Callers will be prompted to enter their zip code and will then be routed to their local office for the aging to talk with a trained counselor.

You can also find information about HIICAP on the internet at:

<http://www.hiicap.state.ny.us>

ALZHEIMER'S AND CAREGIVER RESOURCE

The New York City Department for the Aging's Alzheimer's and Caregiver Resource Center has experts in dementia and long-term care issues who are available to help you develop a plan of care that can benefit both you and your loved one.

All services provided by the Alzheimer's and Caregiver Resource Center are free of charge and strictly confidential. They include:

Assessment of needs

Individual and family counseling

Referral to community services

Education and training

Entitlement information

Assistance with the nursing home placement process

Information on housing alternatives such as assisted living enriched housing, etc.

The NYC Department for the Aging provides a wide array of programs and services to older New Yorkers who helped build this great city. The Department is the place to turn for answers about government benefits and services, assistance with applications and other special services.

ALERT & ALIVE DISCUSSION

Alert & Alive is an informal discussion group led by senior volunteers. Trained and supervised to run their own sessions on a continuous basis, volunteers learn the necessary skills to establish a warm and friendly atmosphere for peer group discussions. The goal is to help members feel comfortable sharing their beliefs, attitudes and concerns about aging. Training also emphasizes the importance of effective communication tools as the basis for a successful program.

To participate in this program you must be a registered member of a participating senior center. Days and times vary upon location, please contact center for discussion group schedule.

Bronx Programs

Casa Boricua Senior Center
910 East 172nd Street
Bronx, New York 10460
(718) 542-0222

Dreiser Senior Center
177 Dreiser Loop
Bronx, New York 10475
(718) 320-1345

RAIN Boston Road Senior Center
2424 Boston Road
Bronx, New York 10467
(718) 547-8827

RAIN Eastchester Senior Center
1246 Burke Avenue
Bronx, New York 10469
(718) 882-8513

RAIN Nereid Senior Center
720 Nereid Avenue
Bronx, New York 10466
(718) 994-0132

BLOOD PRESSURE MONITORING PROGRAM

This program trains senior volunteers to measure the blood pressure of their peers. Once trained, the senior volunteers hold bi-weekly screening and monitoring sessions. Adhering to a special protocol, they keep records and follow-up with anyone whose blood pressure is too high or too low. They encourage program participants with questions about their blood pressure readings to check with their doctor.

To participate in this program you must be a registered member of a participating senior center.

BRONX PROGRAMS

JASA Bartow Senior Center/ (718) 320-2066
JASA Bay-Eden Senior Center/ (718) 882-3815
Bronx River Senior Center/ (718) 617-6114
Bronx Works East Concourse Senior Center / (718) 731-6300
Hope of Israel Senior Citizens Center/ (718) 665-8400
JASA Dreiser Senior Center/ (718) 320-1345
JASA Einstein (Gloria Wise)/ (718) 671-5161
Marble Hill Senior Center/ (718) 562-8551
PSS Highbridge Senior Center/ (718) 588-3004
PSS Parkside Senior Center/ (718) 881-7780
RAIN Nereid Senior Center/ (718) 994-0132
Senior Services at Pelham Parkway-NORC/ (718) 652-6363

PARTNER TO PARTNER PROGRAM

Partner to Partner is based on the concept that it is easier to talk with someone whose life experiences are similar to one's own. Trained volunteers act as receptive listeners to their peers and bring attentive and supportive communication skills to their conversations.

As aging and life issues are raised, the trained Partner provides a sure sense of support and understanding and, when requested, advice or referral information. To participate in this program you must be a registered member of a participating senior center.

BRONX PROGRAMS

Riverdale Y Senior Center / (718) 548-8200
East Concourse Senior Center/ (718) 731-6300

STAY WELL EXERCISE PROGRAM

The Stay Well exercise program is geared for all seniors, ranging from the fit to those with disabilities. The curriculum includes aerobic exercises as well as routines designed to enhance balance, build muscle strength and aid in the performance of the tasks associated with daily living. Classes end with stress reduction exercises. Classes normally run 40 - 50 minutes and are held once a week.

To participate in this program you must be a registered member of a participating senior center.

LISTING OF BRONX PROGRAMS

Adams Senior Center/ (718) 708-6897
Bay Eden Senior Center/ (718) 882-3815
Bronx Works Morris Senior Center/ (718) 933-5300
Bronx House Senior Center/ (718) 792-1800
Casa Boricua Senior Center/ (718) 542-0222
Castle Hill Senior Center/ (718) 824-8910
Riverdale Y Senior Center/ (718) 548-8200
Hope of Israel Senior Citizens Center/ (718) 655-8400
James Monroe Center/ (718) 893-3484
PSS Highbridge Senior Center/ (718) 588-3004
PSS Parkside Senior Center/ (718) 881-7780
RAIN Boston East Senior Center/ (718) 654-9200
RAIN Boston Secor Senior Center/ (718) 671-8550
RAIN Eastchester Senior Center/ (718) 882-8513
SEBCO Senior Programs/ (718) 617-3465
William Hodson Senior Center/ (718) 538-1515

GERIATRIC SERVICES

Comprehensive Geriatric Care
3224 Grand Concourse, Room BA
Bronx, New York 10458
(718) 561-0041

Riverdale Internal Medicine & Geriatric Services PC
3533 Riverdale Avenue
Bronx, New York 10463-3956
(718) 884-8181

JASA- Geriatric Mental Health Outreach
One Fordham Plaza, Suite 908
Bronx, New York 10458
(718) 365-4044

BRONX HOSPITALS

Albert Einstein Weiler Hospital

1825 Eastchester Road, Bronx, New York 10461-2373 (718) 904-2000

Beth Abraham Health Services- Center for Nursing & Rehabilitation

612 Allerton Avenue, Bronx, New York 10467-7848 (718) 519-4000

Bronx Lebanon Hospital Center

1650 Grand Concourse, Bronx, New York 10457-7626 (718) 590-1800

Jacobi Medical Center

1400 Pelham Parkway South, Bronx, New York 10461 (718) 918-5000

Bronx Psychiatric Hospital

1500 Waters Place, Bronx, New York 10461 (718) 931-0600

Calvary Hospital Home Care

1740 Eastchester Road, Bronx, New York 10461 (718) 518-2000

Lincoln Hospital

234 East 149th Street, Bronx, New York 10451 (718) 579-5000

Montefiore Medical Center

111 East 210th Street, Bronx, New York 10467 (718) 920-4321

North Central Bronx Hospital

3424 Kossuth Avenue, Bronx, New York 10467 (718) 519-5000

Saint Barnabas Hospital

4422 3rd Avenue, Bronx, New York 10457 (718) 960-9000

Veterans Affairs Department Hospital

130 West Kingsbridge Road, Bronx, New York 10468 (718) 584-9000

Montefiore Westchester Square Medical Center

2475 Saint Raymond Avenue, Bronx, New York 10461 (718) 430-7300

Complaints about New York State Hospitals and Diagnostic and Treatment Centers

The New York State Department of Health is responsible for checking acute and primary care facilities in New York State for compliance with Article 28 of the Public Health Law. A primary program for fulfilling this responsibility is the complaint review system. State Health Department regulations allow individuals to register complaints about the care and services provided by hospitals and diagnostic and treatment centers.

To initiate a complaint about a hospital or a diagnostic and treatment center, you may call the toll-free number at (800) 804-5447, or you may file a complaint in writing and send it to:

New York State Department of Health
Centralized Hospital Intake Program
Mailstop: CA/DCS
Empire State Plaza
Albany, New York 12237

Mental Health Services in the Bronx

Fordham-Tremont Community Mental Health Center
Administrative Offices
7th Floor
2021 Grand Concourse
Bronx, New York 10453
(718) 960-3000

Psychosocial Club for the Elderly

A rehabilitation program which offers social, case management, educational and recreational activities for persons 55 years and older, who are experiencing emotional difficulties.

Location: 260 East 188th Street, 4th Floor, Bronx, New York 10458.

Telephone: (718) 960-0475.

Hours: Monday through Friday: 8:30 A.M. to 2:00 P.M.

BRONXWORKS SENIOR MENTAL HEALTH PROGRAMS

Bronx Works, Inc., social worker provides group and individual counseling, as well as mental health screenings. Group counseling sessions cover topics like depression, isolation, anxiety, stress release and bereavement.

For more information, please contact (718) 933-5300

SOCIAL ADULT DAY SERVICE

For older people in frail health, managing at home is often a struggle. There is an alternative enabling them to retain their independence and remain in the community.

Adult Care Programs provide medical assessments, rehabilitation and counseling services. These activities all take place in a friendly, social setting, helping to counteract the isolation and depression suffered by so many elderly coping with disabilities. The criteria for eligibility, fees, and specific areas served vary from program to program.

The following are Social Adult Day Care Programs available in The Bronx:

Riverdale Social Adult Day Service
2600 Netherland Avenue
Bronx, New York 10463
(718) 884-5900

Bay Park Center for Nursing & Rehab
801 Co-op City Boulevard
Bronx, New York 10475
(718) 239-6500

Forever Young Social Adult Day Care
3305 Third Avenue
Bronx, New York 10456
(347) 577-1414

Renaissance Adult Day Services
625 East Fordham Road, Suite 104
Bronx, New York 10458
(866) 381-1731

St. Barnabas Nursing Home
2175 Quarry Road
Bronx, New York 10457
(718) 960-3917

Open Arms Circle Adult Social Day Care
860 East 161st Street
Bronx, New York 10456
(347) 913-4343

AHS Caring Communities
502 East 163rd Street
Bronx, New York 10451
(718) 265-0684

Bainbridge Adult Day Care Center
3518 Bainbridge Avenue
Bronx, New York 10467
(718) 655-1991

Split Rock Nursing Home & Health Center
3525 Baychester Avenue
Bronx, New York 10466
(718) 798-8900

Providence Rest
3304 Waterbury Avenue
Bronx, New York 10465
(718) 931-3000

Riverdale Y Social Adult Day
5625 Arlington Avenue
Bronx, New York 10471
(718) 548-8200 Ext. 226

The Hebrew Home at Riverdale
5901 Palisades Avenue
Bronx, New York 10471
(718) 581-1000

Jewish Home Lifecare
100 West Kingsbridge Road
Bronx, New York 10468
(718) 410-1330

LGBT SERVICES

SERVICES & ADVOCACY FOR GLBT ELDERS (SAGE) is the country's largest and oldest organization dedicated to improving the lives of lesbian, gay, bisexual and transgender (LGBT) older adults. SAGE's mission is to lead in addressing issues related to lesbian, gay, bisexual and transgender (LGBT) aging.

SAGEDay, a partnership with the Hebrew Home in Riverdale, is a LGBT-Inclusive Social Adult Day Program. SAGEDay offers a warm and friendly environment, delicious meals, engaging programming and exceptional care, so that LGBT older people and their caregivers can make the most of their days.

Here are some of the activities we offer

- Socialization and connection with community
- Memory support through structured programming
- Discussions and screenings highlighting LGBT themes in literature and film
- Art Programs
- Continental breakfast, hot lunch, and snacks
- Round-trip, door-to-door, accessible transportation

SAGEDay is open to NYC residents who need assistance with mobility, activities of daily living, and/or who need supervision due to cognitive decline. For more information and/or a complimentary day please call (212) 741-2247 and ask to for SAGEDay.

The Hebrew Home of Riverdale
5901 Palisade Avenue
Bronx, New York 10471
(718) 581-1000

Bronx Nursing Homes

Bainbridge Nursing & Rehab Center
3518 Bainbridge Avenue
Bronx, New York 10467
(718) 655-1991/Fax: (718) 655-3903

Bay Park Center for Nursing &
Rehabilitation
801 Co-op City Boulevard
Bronx, New York 10475
(718) 239-6444 /Fax: (718) 379-3790

Beth Abraham Health Services
612 Allerton Avenue
Bronx, New York 10467
(718) 881-3000/ Fax: (718) 519-4062

Bronx Center for Rehab & Health Care
1010 Underhill Avenue
Bronx, New York 10472
(718) 863-6700/Fax: (718) 863-2787

Bronx Lebanon Special Care Center
1265 Fulton Avenue
Bronx, New York 10456
(718) 579-7000/Fax: (718) 579-7025

Bronx Park Rehabilitation & Nursing
Center
3845 Carpenter Avenue
Bronx, New York 10467
(718) 798-1100/ Fax: (718) 515-4252

Casa Promesa Residential Health Care
Facility
308 East 175th Street
Bronx, New York 10457
(718) 960-7617/ Fax: (718) 901-1118

Concourse Rehab & Nursing Center
1072 Grand Concourse
Bronx, New York 10456
(718) 681-4000 /Fax (718) 681-5165

Daughters of Jacob Health Services
1160 Teller Avenue
Bronx, New York 10456
(718) 293-1500 /Fax: (718) 992-2253

Eastchester Rehabilitation & Health
Care Center
2700 Eastchester Road
Bronx, New York 10469
(718) 231-5550/Fax: (718) 231-5268

East Haven Nursing & Rehab Center
2323 Eastchester Road
Bronx, New York 10469
(718) 655-2848/Fax: (718) 515-8249

Fieldston Lodge Care Center
666 Kappock Street
Bronx, New York 10463
(718) 549-1203/Fax: (718) 884-3792

Gold Crest Care Center
2316 Bruner Avenue
Bronx, New York 10469
(718) 882-6400/Fax: (718) 652-2461

Grand Manor Nursing & Rehab Center
700 White Plains Road
Bronx, New York 10473
(718) 518-8892/Fax: (718) 931-5994

Hebrew Home for the Aged at
Riverdale, Palisade Nursing Home
5901 Palisade Avenue
Bronx, New York 10471
(718) 581-1000/Fax: (718) 549-0721

Hudson Pointe at Riverdale Center for
Nursing and Rehabilitation
3220 Henry Hudson Parkway
Bronx, New York 10463
(718) 514-2000/Fax: (718) 514-2035

Highbridge-Woodcrest Center, Inc.
936 Woodcrest Avenue
Bronx, New York 10452
(718) 579-8230/Fax: (718) 579-8462

Jewish Home & Hospital for the Aged,
Bronx Division
100 West Kingsbridge Road
Bronx, New York 10468
(718) 410-1500/Fax: (718) 410-1366

Kings Harbor Multicare Center
2000 East Gun Hill Road
Bronx, New York 10469
(718) 320-0400/Fax: (718) 549-9053

Kingsbridge Heights Rehab & Care
Center
3400-26 Cannon Place
Bronx, New York 10463
(718) 796-8100 /Fax: (718) 796-8182

Laconia Nursing Home
1050 East 230th Street
Bronx, New York 10466
(718) 654-5875/Fax: (718) 881-0729

Manhattanville Health Care Center
311 West 231st Street
Bronx, New York 10463
(718) 601-8400/Fax: (718) 543-9543

Methodist Church Home for the Aged
4499 Manhattan College Parkway
Bronx, New York 10471
(718) 548-5100/Fax: (718) 884-0073

Morris Park Nursing Home
1235 Pelham Parkway North
Bronx, New York 10469
(718) 231-4300/Fax: (718) 881-3534

Mosholu Parkway Nursing & Rehab
Center
3356 Perry Avenue
Bronx, New York 10467
(718) 655-3568/Fax: (718) 515-5713

Park Gardens Rehab & Nursing Center,
LLC
6585 Broadway
Bronx, New York 10471
(718) 549-2200/Fax: (718) 549-5030

Pelham Parkway Nursing Care & Rehab
Center
2401 Laconia Avenue
Bronx, New York 10469
(718) 798-8600/Fax: (718) 798-5282

Project Samaritan AIDS Services
1401 University Avenue
Bronx, New York 10452
(718) 681-8700/Fax: (718) 293-0510

Providence Rest Nursing Home
3304 Waterbury Avenue
Bronx, New York 10465
(718) 931-3000/Fax: (718) 863-0185

Regeis Care Center
3200 Baychester Avenue
Bronx, New York 10475
(718) 320-3700/Fax: (718) 671-2554

Riverdale Nursing Home
641 West 230th Street
Bronx, New York 10463
(718) 796-4800/Fax: (718) 796-2956

Saint Barnabas Nursing Home
2175 Quarry Road
Bronx, New York 10457
(718) 960-3917/Fax: (718) 960-3998

Saint Patrick's Home for the Aged &
Infirm
66 Van Cortlandt Park South
Bronx, New York 10463
(718) 519-2800/Fax: (718) 519-2817

Saint Vincent de Paul Residence
900 Intervale Avenue
Bronx, New York 10459
(718) 589-6965/Fax: (718) 589-0188

Schervier Nursing Care Center
2975 Independence Avenue
Bronx, New York 10463
(718) 548-1700/Fax: (718) 431-0744

Split Rock Nursing Home & Health
Center
3525 Baychester Avenue
Bronx, New York 10466
(718)798-8900 /Fax: (718) 405-1439

Terrace Healthcare Center
2678 Kingsbridge Terrace
Bronx, New York 10463
(718) 796-5800/Fax: (718) 548-5982

Throggs Neck Extended Care Facility
707 Throggs Neck Expressway
Bronx, New York 10465
(718) 430-0003/Fax: (718) 792-2765

United Odd Fellows & Rebekah Home
1072 Havemeyer Avenue
Bronx, New York 10462
(718) 863-6200/Fax: (718) 892-5935

University Nursing Home
2505 Grand Avenue
Bronx, New York 10468
(718) 295-1400/Fax: (718) 584-0175

Wayne Center for Nursing & Rehab
3530 Wayne Avenue
Bronx, New York 10467
(718) 655-1700/Fax: (718) 515-5650

Williamsbridge Manor Nursing Home
1540 Tomlinson Avenue
Bronx, New York 10461
(718) 892-6600/Fax: (718) 931-1061

Workmen's Circle Multicare Center
3155 Grace Avenue
Bronx, New York 10469
(718) 379-8100/ FAX: (718) 379-4018

FREE SERVICES FOR SENIORS WITH LEGAL BLINDNESS AND LOW VISION

Vision Rehabilitation Services

VISIONS Rehabilitation Department helps blind and visually impaired seniors achieve their highest level of independence. Vision Rehabilitation Professionals provide instruction in adaptive independent living skills and mobility at home, at work and in the community, in addition to occupational therapy, social work counseling and assistance with employment.

For More Information contact toll free (888) 245-8333 Ext. 134

Community Outreach and Training

Through inter-agency collaborations, VISIONS ensures that individuals who are blind have access to community-based resources. VISIONS works closely with advisory boards in The Bronx. VISIONS provides training in senior centers, assistance in utilizing senior programs in local communities, public education forums on eye disease and blindness prevention and vision screenings in all five boroughs of New York City, and has affiliations with 64 senior centers.

For More Information contact toll free (888) 245-8333

VISIONS at Selis Manor

VISIONS at Selis Manor is an adapted learning environment and meeting place for blind youth, adults and seniors. Located at 135 West 23rd Street in Manhattan, Visions at Selis Manor offers support groups, computer training, adapted recreation registration for a variety of classes from fitness to computer training, assistance with benefits, social programs such as Senior Speak Out, and various volunteer and social work services for seniors who are blind.

For More Information Contact:

LMSW, Director of Social Services Ext. 11

(646) 486-4444

Intergenerational Volunteer Program

VISIONS Intergenerational Volunteer Program recruits and trains high school students to assist blind seniors in their homes, and at Selis Manor. The youth provide companionship, escort, assistance with reading and shopping.

For more information contact toll free (888) 245-8333 Ext. 108

VISIONS VCB

VCB is an overnight facility located in Rockland County, New York providing recreational social programs, vision rehabilitation, and peer support groups on scheduled weekends and 6-12 day summer sessions. VCB is open year round and is adapted to meet the needs of people who are blind and including people who are independent wheelchair users.

For more information contact toll free (888) 245-8333

BLINDLINE

Blindline provides a toll-free number for access to a New York statewide database of resources and services for people who are blind or visually impaired, their family members, caregivers, and professionals. The call center is available Monday through Friday from 9:00am to 5:00pm by calling 888-625-1616. A fully accessible website (www.blindline.org) with direct access to the database and a customer feedback feature is open to the public.

For more information contact toll free (888) 245-8333 Ext. 139

Guild Institute for Vision and Aging At Jewish Home Lifecare-Bronx Division

The Bronx campus of Jewish Home recently opened a new Long Term community in collaboration with the Guild Institute for Vision and Aging a specially modified 38-bed unit unique to the New York Metropolitan region.

Jewish Home Lifecare
120 West 106th Street, Kaufman 4B
New York, New York 10025
(212) 870-4715

Jewish Home Lifecare- Bronx Campus
100 West Kingsbridge Road
Bronx, New York 10468
(718) 410-1500

HOUSING FOR SENIORS

Senior Citizen Homeowners Exemption (SCHE)

Qualified property owners of 1 to 3 units dwelling, condominiums or cooperative apartments can save up to 50 percent with SCHE. Applicants must be age 65 or older, have held title to the property for at least 12 consecutive months and the property must be applicant's legal residence, used exclusively for residential purposes.

For more information call 311.

Real Property Tax Credit (IT-214)

IT-214 provides tax credit or cash payment of up to \$375 to homeowners or renters for part of previous year's rent or real property taxes. To qualify, your household gross income should be \$18,000 or less, current market value (home, garage, land, etc.) must be \$85,000 or less; or average monthly rent must be \$450 or less, not including heat, gas or electricity.

To apply simply fill out Form IT-214 and send it to:

NYS Tax Processing

PO Box 22017

Albany, New York 12201-2017

To order form call: (518) 457-5431

In addition to the IT-214 benefit, you may also claim the City of New York School Tax Credit (NYC-210) for all or part of the year if you cannot be claimed as a dependent on someone else's Federal income tax return. If you do not have to file a New York State income tax return, use the form NYC-210 to claim this credit.

Call NYS Department of Taxation and Finance at (518) 457-5181 for more information.

Home Energy Assistance Program (HEAP)

A one-time grant per year to help low-income homeowners and renters pay fuel and utility cost.

Only HEAP-eligible households paying directly for heat may apply for help with fuel, repair or heat-related equipment or temporary relocation.

To Apply: (800) 342-3009.

New York State School Tax Relief Program (STAR)

STAR is the New York State School Tax Relief Program that provides exemptions from the school portion of property taxes for owner-occupied primary residences.

For more information call 311 or (212) NEW-YORK

You can register for the STAR program by calling:

(518) 457-2036

RENT CONTROLLED & RENT STABILIZED APARTMENTS

N.Y.S. Division of Housing & Community Renewal

Bronx Borough Rent Office

2400 Halsey Street

Bronx, New York 10461

Phone: (718) 430-0880

PUBLIC HOUSING

This refers to housing built and managed by the New York City Housing Authority (NYCHA) for low and moderate income residents of New York City. Public Housing provides independent, rent subsidized apartment living with the availability of some social services as needed. NYCHA maintains over 300 housing developments throughout the five boroughs. Most of these developments are "family type," i.e. not specifically reserved for the elderly. Forty-two of these developments have been built for and are occupied almost exclusively by the elderly. This guide lists the senior only NYCHA developments for this borough.

To obtain an application for public housing, write, call or visit:

New York City Housing Authority

Bronx Applications Office

478 East Fordham Road

Bronx, New York 10458

(718) 707-7771

Mon.-Fri. 8am-5pm

ADULT HOMES

Adult Homes provide long-term residential care, room and board, housekeeping, personal care (which includes assistance with bathing and dressing), and supervision to a minimum of five dependent adults. Congregate meals are provided three times daily, and a full range of planned activities and outings are usually offered. Adult homes do not provide nursing and medical care, but a number of these facilities contract with physicians who visit residents when necessary. A large number of adult homes also provide services to younger, mentally ill or disabled adults. Rooms may be private or shared, and homes in New York City range in size from 30 to 400 beds.

To be eligible for an adult home, an individual must be either ambulatory or able to transfer from a bed to a chair, alert and continent.

MITCHELL-LAMA HOUSING

Mitchell-Lama housing, overseen by either the New York State Division of Housing and Community Renewal or the New York City Department of Housing Preservation and Development, provides subsidized rental and cooperative apartments for middle income New Yorkers. A small portion of this housing stock was developed for and is occupied exclusively by the elderly, but there are no age limitations on applying to any Mitchell-Lama development. This type of housing does not generally provide supportive services, but limited services such as transportation, social services, and leisure activities are available in some developments. Rents and carrying charges vary throughout the Mitchell-Lama developments, as do income requirements. Generally, for a household of three persons or less, annual income may not exceed seven times the annual rent.

For additional information about Mitchell-Lama Housing call:
(212) 863-6500 Ext. 8494

Section 202 Housing

Section 202 Housing, is the main source of subsidized, low-income housing for seniors in New York City with over 170 projects located throughout the five boroughs. The program is federally funded by the U.S. Department of Housing and Urban Development (HUD) which provides grants to not-for-profit religious and civic groups, each of which constructs their own building.

To be eligible for residency in most Section 202 projects, a household must have at least one member 62 years of age or older, and must have a gross annual income of no more than \$22,000 for a one-person household, and no more than \$25,100 for a two-person household.

Section 8 Housing

New York City Housing Authority Section 8 Program

Section 8, also known as the Housing Choice Voucher Program, provides funding for rent subsidies for eligible low-income families for decent, safe and affordable housing. Families can select housing within a neighborhood of their choice from a landlord willing to participate in the program. Rent subsidies (vouchers) allow families to pay a reasonable share of their income toward rent while the program, within specific limits, makes up the difference.

Please refer to the borough office listed below for assistance with obtaining application forms, general information, or to check the status of your submitted application. The hours of operation for all offices are 8:00 a.m. to 5:00 p.m. Monday through Friday. Offices are closed to walk-ins on Wednesdays. Phone calls are accepted Monday through Friday.

Bronx Applications Office
478 East Fordham Road
Bronx, News York 10458
(718) 707-7771

Senior Citizens Rent Increase Exemption (SCRIE)

The Senior Citizen Rent Increase Exemption (SCRIE) program offers eligible tenants an exemption from rent increases which may result in a reversion to rent paid under a previous lease or rent order. The owner of the building receives a corresponding credit against their real estate taxes from the City of New York.

To be eligible for SCRIE, you must meet all of the following requirements:

- You must be age 62 or older.
- Must have an income of \$50,000 or less.
- Rent an apartment that is regulated by the Division of Housing and Community Renewal (DHCR) (i.e. rent controlled or rent stabilized apartments or hotel stabilized).

Please call the Department of Finance at 311 for an application or you can visit the SCRIE Walk-in Office located at:

66 John Street, 3rd Floor
New York, New York 10038
8:30am-4:30pm

New York Foundation for Senior Citizens, Inc. Home Sharing Program

The Foundation's free Home Sharing Program helps link adult hosts" with extra bedrooms in their homes or apartments with appropriate adult "guests" to share their space. One of the match mates must be age 60 or over. The program also serves adults "hosts: age 55 and over, who are interested in sharing with developmentally disabled adult "guests" capable of independent living.

For more information call (212) 962-7559 Ext. 244

Senior Citizen Homeowner Revolving Loan Fund

N.Y.C. Department of Housing Preservation & Development

100 Gold Street

New York, New York 10038

(212) 863-8000

The Parodneck Foundation's Senior Citizen Homeowner Assistance Program (SCHAP)

This program provides financial assistance to senior citizen homeowners who are living in physically deteriorated housing or who are in danger of losing their homes to foreclosure.

To be eligible, a senior must reside in any of the five boroughs in the City of New York, be at least 60 years old, and have been an owner-occupant of a one- to four-family home for at least two years. Homes must have property and liability Insurance. Seniors household incomes, including rental income, cannot exceed the income area median income.

Parodneck Foundation

121 6th Avenue

New York, New York 10013

(212) 431-9700 Ext.300

The SCHAP Program

The Senior Citizen Homeowner Assistance Program (SCHAP) provides low and on interest affordable loans, hands-on technical assistance, and social service referrals to home owning senior citizens in need of help making necessary renovations. The SCHAP program plays a critical role in helping seniors retain and improve their homes, avoid premature institutionalization, and maintain their independence and dignity. Affordable loans to replace your boiler, electrical system, windows, roof, kitchen, bathroom, plumbing system, sewer, and/or water main, as well as to make other repairs. To be eligible, a senior must reside in any of the five boroughs in the City of New York, be at least 60 years old, and have been an owner least two years.

Contact:

New York City Department of Housing Preservation & Development
(212) 863-8000

or

Neighborhood Initiatives Development Corporation
(718) 231-9800

NORC Programs

Naturally Occurring Retirement Community (NORC) is a multiage building, development or neighborhood that originally was not built for seniors, but that is now home to 50 percent or more of people 60 years or older. The goal of the NORC program is to maximize and support the aging by fostering a healthy lifestyle and a good environment to grow old. NORC Supportive Services Programs provides residents access to health and wellness activities, case management services, health fairs and educational activities in their own building or building complex.

The following are NORC Programs available in The Bronx:

Co-op City NORC
2049 Bartow Avenue
Bronx, New York 10475
(718) 320-2066

Parkchester Enhancement NORC
1525 Unionport Road
Bronx, New York 10462
(718) 409-1619

Amalgamated/ Park Reservoir NORC
80 Van Cortlandt Park South, Building 7
Bronx, New York 10467
(718) 548-4990

Senior Services at Pelham Parkway NORC
2425 Williamsbridge Road, Room 1B
Bronx, New York 10469
(718) 652-6363

Weatherization Referral and Packaging Program (WRAP)

Provides low-income elderly with free weatherization services to lower their energy bills and increase the comfort of their homes. Services include insulation, replacement of doors and windows and repairs furnaces and roofs.

To qualify you must reside in one- to four-unit dwellings.

To apply: If 60 or older call 311 and ask about the WRAP program.

Bronxworks, Inc. - Senior Housing Assistance Program

Bronx Works, Inc., has a housing specialist dedicated to helping seniors at risk of homelessness. Our housing specialist provides the following types of assistance:

Mediating disputes with landlords

Help completing applications for housing subsidy programs

Help resolving utilities arrears

Reviewing leases and legal documents

Help navigating housing court

Access to public assistance, emergency food sources, legal services and other help as needed.

For more information, please contact (718) 933-5300

Bronx Works, Inc. Morris Innovative Senior Center
80 East 181st Street
Bronx, New York 10453
Services available Monday-Friday, 8am-3pm

Bronx Works, Inc.- Minor Repair Program

BronxWorks, Inc. has a technician who comes to seniors' homes and makes minor home repairs such as putting up window shades, replacing door hinges, fixing leaky faucets, replacing smoke alarm batteries, changing light bulbs, installing shelves and repairing cabinets. The technician also performs security checks of locks, window gates, peepholes, carbon monoxide detectors and other safety features to make sure seniors stay safe within their homes.

For more information, please contact:
(718) 933-5300 Ext. 209

Bronx Works, Inc. - Morris Innovative Senior Center
80 East 181st Street
Bronx, New York 10453

New York Foundation for Senior Citizens, Inc. Minor Home Repair Program

11 Park Place – Suite 141
New York, New York 10007
(212) 962-7653 or (212) 962-7655

The New York Foundation for Senior Citizen's Home Repair Program provides MINOR home repair and maintenance services for the elderly homeowner who is 60 years of age and older, resides in the five boroughs of New York City and whose income does not exceed certain guidelines. The homeowner must furnish parts and materials. Services include:

Weatherization
Minor plumbing
Masonry
Gutter cleaning and repair – first story only
Minor electrical work
Carpentry

