



OFFICE OF THE  
BRONX BOROUGH PRESIDENT  
**VANESSA L. GIBSON**

# Senior Resource Guide

*Supporting our seniors with the tools and resources  
to thrive in the Bronx.*

*\*Disponible en Español*



## A Message from the Bronx Borough President Vanessa L. Gibson

Dear Reader,

Welcome to the Bronx Senior Resource Guide, a comprehensive tool designed to support and empower our senior residents. As a community, we deeply value the contributions and wisdom of our seniors, and we are committed to ensuring that you have access to the resources and services you deserve.

This guide serves as a roadmap to the wide range of programs, benefits, and opportunities available to seniors in our borough. Whether you're seeking information on healthcare, housing, transportation, or recreational activities, you'll find valuable assistance within these pages.

Our mission is to help you lead fulfilling and independent lives while staying connected to the vibrant community we call home. From local organizations to citywide initiatives, this guide is here to ensure that you can easily navigate the services designed with your needs in mind.

Please know that my office is always here to support you. Together, we will continue to make the Bronx a place where our seniors thrive and are celebrated for the incredible legacy they leave behind.

With gratitude and warm regards,



Bronx Borough President



# Table of Contents

## General Information 3-4

*Government Benefits*

## Housing 5

*Senior Housing Programs*

## Health & Safety 6

*Home Care, Caregivers Services, Senior Health, Hospitals, Nursing Homes, Elder Abuse, Precinct Info, Crime Victims*

## Life/Living 7-8

*Adult Social Services, Transportation, Food & Nutritional Services, Senior Citizen Centers*

## Legacy 9-10

*Legal Assistance, Burial*

## Disability 11

# Tabla de Contenido

## Información General 14-15

*Beneficios Gubernamentales*

## Vivienda 16

*Programas de Vivienda para Personas Mayores*

## Salud y Seguridad 17

*Cuidado en el Hogar, Servicios para Cuidadores, Salud para Personas Mayores, Hospitales, Hogares de Ancianos, Abuso de Personas Mayores, Información de la Comisaría, Víctimas de Crimen*

## Vida/Vivienda 18-19

*Servicios Sociales para Adultos, Transporte, Servicios de Alimentos y Nutrición, Centros para Personas Mayores*

## Legado 20-21

*Asistencia Legal, Sepelio*

## Discapacidad 22

# General Information

## 1. Social Security

Provides monthly financial benefits for retirees, disabled individuals, and eligible survivors. If you have paid into Social Security through payroll taxes, you may qualify for:

**Retirement Benefits:** At least 40 work credits (≈10 years) and age 62+ for reduced benefits.

**Disability Benefits:** Sufficient work credits and a qualifying disability preventing work for 12+ months or terminal.

**Survivor Benefits:** Based on deceased worker's credits; available to spouses, children, or dependent parents.

**Supplemental Security Income (SSI):** See section 2.

**Contact:** Apply at [www.ssa.gov](http://www.ssa.gov), visit a local office, or call 1-800-772-1213 (8 AM-7 PM).

## 2. Supplemental Security Income (SSI)

Provides monthly payments to individuals 65+, blind, or disabled with limited income/resources for basic needs like food and housing.

**Eligibility:** Must meet income/resource limits and have a qualifying condition.

**Contact:** Apply at [www.ssa.gov](http://www.ssa.gov), visit a local office, or call 1-800-772-1213.

## 3. Emergency Assistance for Adults (EAA)

Financial aid for low-income adults facing urgent needs like housing, food, utilities, or medical expenses.

**Eligibility:** Must be 65+, blind, or disabled, and receiving or eligible for SSI. Must be facing an immediate crisis.

**Contact:** Call (718) 557-1399 or dial 311.

# General Information

## 4. Supplemental Nutrition Assistance Program (SNAP)

Helps eligible individuals buy groceries using an EBT card. Benefits depend on income, household size, and location.

**Eligibility:** Must be 60+ or disabled, meet income/resource limits, and be a U.S. citizen or qualified non-citizen.

**Contact:** Visit a SNAP Center in the Bronx:

- Hunts Point SNAP Center – 845 Barretto St, Bronx, NY 10474 | (929) 252-4445
- Crotona SNAP Center – 1910 Monterey Ave, Bronx, NY 10457 | (718) 901-5274 or (718) 901-5596 (Monday – Friday, 8:30 AM – 5:00 PM)

## 5. Senior Farmers Market Nutrition Program (SFMNP)

Provides \$25 coupon booklets for purchasing fresh, locally grown produce at participating farmers markets.

**Eligibility:** Must be 60+ years old and meet income limits:

- \$2,322/month (1-person household)
- \$3,152/month (2-person household)
- \$3,981/month (3-person household)

**Contact:** Apply via Aging Connect at 212-244-6469.

## 6. Citymeals on Wheels

Delivers nutritious meals to homebound seniors in NYC, including options for dietary restrictions.

**Eligibility:** Must be 60+ years old, unable to shop or cook, and reside in NYC. Priority given to frail or disabled seniors.

**Contact:** Call your local Case Management Agency for eligibility assessment. For assistance, contact Citymeals at (212) 687-1234 or [info@citymeals.org](mailto:info@citymeals.org).

# Housing



## 1. Senior Citizen Rent Increase Exemption (SCRIE)

Helps eligible seniors by freezing their rent and exempting them from future increases. The city covers rent hikes through a property tax credit to the landlord.

Eligibility: Must be 62+ years old and:

- Live in a rent-regulated apartment (rent-stabilized, rent-controlled, certain Mitchell-Lama, or co-op units)
- Have a household income of \$50,000 or less per year
- Spend more than one-third of household income on rent

**Contact:** Apply online through the Department of Finance (DOF): <https://a836-goa.nyc.gov/qmaticwebbooking/#/> or visit a DOF Assistance Center (*appointment may be required*).

## 2. Alternatives in Senior Housing Bronx

This section provides information on alternative senior housing options in the Bronx, including independent living, assisted living, and other supportive housing programs designed to meet the needs of older adults.

<https://www.nyc.gov/assets/dfta/downloads/pdf/publications/HousingBronx2019.pdf>

## 1. Elderly Pharmaceutical Insurance Coverage (EPIC)

Helps NY seniors 65+ with prescription costs.

**Income limit:** \$75K (single), \$100K (married).

Call (800) 332-3742.

## 2. Medicare

Federal insurance for seniors 65+ or younger with certain disabilities.

Apply at [www.ssa.gov](http://www.ssa.gov) or visit 1760 Grand Concourse, Bronx. Call (800) 772-1213.

## 3. Medicare Savings Program

Covers Medicare costs for low-income seniors.

Apply via NY Medicaid Office at (800) 541-2831 or visit local Bronx Medicaid offices.

## 4. Medicaid

Covers medical costs for low-income seniors.

Apply online at [www.nystateofhealth.ny.gov](http://www.nystateofhealth.ny.gov) or call (800) 541-2831.

## 5. New York Prescription Saver Card

Offers up to 60% off generic and 30% off brand-name medications.

Available to those 50-64 or disabled with income below \$35K (single), \$50K (married). Call (800) 788-6917.

6

## 6. Mental Health & Emergency Assistance

- **NYC Well** – 24/7 free mental health support. Call 888-NYC-WELL (888-692-9355) or visit [nycwell.cityofnewyork.us](http://nycwell.cityofnewyork.us).
- **Saint Barnabas Hospital** – Provides emergency, specialty, primary, and mental health care, including senior mental health services. Visit 4422 Third Ave, Bronx or call 718-960-9000.

## 7. Elder Protection & Support

- **National Elder Fraud Hotline** – Call 833-372-8311 for fraud support.
- **Bronx District Attorney's Office – Elder Abuse Unit**  
Specializes in financial fraud and elder abuse cases.
  - **Eligibility:** Must be 60+, a Bronx resident, and a victim of elder abuse.
  - **Contact:** Call (718) 590-2260 (Elder Abuse) or (718) 590-2000 (General Info). Visit 198 E. 161st St, Bronx, NY 10451.
- **Health Insurance Information Counseling & Assistant Program (HIICAP)** - call Aging Connect at (212) 244-6469 for more information or visit [www.nyc.gov](http://www.nyc.gov).

# Life & Living

## Adult Social Services



## 1. Senior Assistance & Advocacy Programs

- **NY Connects** – Free statewide program providing seniors (60+), people with disabilities, and caregivers with resources for home care, housing, transportation, legal aid, and more. Call (800) 342-9871 or visit 851 Grand Concourse, Bronx, NY 10451.
- **Long-Term Care Ombudsman Program (LTCOP)** – Advocates for residents in nursing homes and assisted living facilities, addressing care complaints. Call 855-582-6769 or Bronx Regional Office: 212-812-2901.
- **Older Americans Act (OAA)** – Funds essential senior services like meal programs, caregiver support, and transportation. Call 311 and ask for "Senior Services."
- **Veterans Affairs Benefits** – Provides healthcare, housing, and financial assistance to eligible veterans and families. Apply at [www.va.gov](http://www.va.gov), call 800-827-1000, or visit James J. Peters VA Medical Center, 130 W Kingsbridge Rd, Bronx, NY 10468 (718-584-9000).
- **SAGE (LGBTQIA+ Elder Support)** – Offers programs for LGBTQIA+ seniors, including creative arts, fitness, and social groups. Visit Crotona Pride Center, 1784 Prospect Ave, Bronx, NY 10457, or call 929-458-2150 (M-F, 10 AM-4 PM).

## 2. Accessible Transportation Programs in NYC

- **Access-A-Ride (AAR)** – Provides 24/7 door-to-door transportation for individuals unable to use public transit due to a disability or health condition. Available citywide as a shared-ride service. Call (877) 337-2017 or 311 for details.
- **Reduced Fare Program** – Offers half-price fares (\$1.45) on subways and buses for seniors (65+) and individuals with qualifying disabilities. OMNY cards will replace Reduced-Fare MetroCards starting December 2024. Apply in person at 161 St-Yankee Stadium, 168th St, Fordham Rd, or Parkchester MTA centers, or download and mail the application.
- **Accessible Dispatch** – Provides wheelchair-accessible taxis across NYC at standard metered fares. Request a ride via (646) 599-9999, 311, the Accessible Dispatch app, or online. Drivers assist with boarding, securing wheelchairs, and exiting safely.

## 3. Senior Citizen Centers

- **NYC Department for the Aging Older Adult Centers (OACs)** – Over 300 centers across NYC offer healthy meals, activities, fitness programs, and social services, both in-person and virtual.
    - **Eligibility:** Free membership for New Yorkers aged 60+.
    - **Contact:** Search for services online or call
- 8** (212) AGING-NYC (212-244-6469).

# Life & Living

*Transportation/  
Senior Citizen Centers/  
Food & Nutritional Services*

## 4. Food & Nutritional Services

- **Home Delivered Meals Program** – Provides free or low-cost nutritious meals to homebound seniors who cannot shop or cook for themselves. Meals include wellness checks to ensure safety.
  - **Eligibility:** Must be 60+, unable to attend meal sites, lack regular meal support, and have difficulty preparing food due to limited facilities, knowledge, or physical ability.
  - **Contact:** Call NYC Aging at (212) 244-6469 or 311 and ask for 'Home Delivered Meals.'

# Legacy

## Legal Assistance

### 1. Legal & Advocacy Services

- **Legal Aid Society** – Provides legal assistance in housing, benefits, immigration, and more for Bronx residents.
  - **Eligibility:** Based on income, household size, and legal issue (typically ≤200% of FPL).
  - **Contact:** Visit 260 E. 161st St, Bronx, NY 10451 or call (718) 991-4758.
- **NY State Division of Human Rights (NYS DHR)** – Protects against discrimination in employment, housing, public services, and credit.
  - **Eligibility:** Open to anyone facing discrimination under NY law, regardless of immigration status.
  - **Contact:** File a complaint at [www.dhr.ny.gov](http://www.dhr.ny.gov), call (718) 741-8400, or visit 1 Fordham Plaza, 4th Floor, Bronx, NY 10458.
- **Volunteers of Legal Services** - VOLS Senior Law Project empowers older New Yorkers (60+) by providing incapacity and end-of-life planning, so they can age in place with dignity and without fear of homelessness.
  - **Contact:** Older Adults (60+) / VOLS Senior Law Project Help Line: (347) 521-5704; [seniorlaw@volsprobono.org](mailto:seniorlaw@volsprobono.org).



# Legacy

## Burial

### Burial & Estate Services

- **Human Resources Administration's Burial Claims Unit** – Provides financial assistance for funeral costs to ensure dignified burials for low-income NYC residents.
  - **Eligibility:** The deceased must have been low-income; funeral costs ≤\$3,400; the applicant must have paid or be responsible and apply within 120 days.
  - **Contact:** Submit Form M-860W to [BurialServices@hra.nyc.gov](mailto:BurialServices@hra.nyc.gov) or visit 33-28 Northern Blvd, 3rd Fl, LIC, NY 11101. Bronx residents can also visit 851 Grand Concourse, 3rd Fl, Bronx, NY 10451.
- **Veterans Burial Benefits** – Provides burial and memorial assistance for veterans and their families.
  - **Eligibility:** Veterans and their families should contact the VA or NYC Veterans Services for details.
  - **Contact:** Call (800) 827-1000 or apply online at [www.va.gov/burials-memorials](http://www.va.gov/burials-memorials).
- **Public Administrator – Bronx County** – Manages estates of Bronx residents who pass away without a will or an executor.
  - **Eligibility:** Applies if no family member or heir is available to administer an estate.
  - **Contact:** Visit 851 Grand Concourse, Room 336, Bronx, NY 10451, or call (718) 293-7660.

# Disability

## 1. Disability Services

- **VISIONS Services for the Blind** – Provides daily living skills, employment support, tech assistance, and counseling for individuals who are blind or visually impaired.
  - **Eligibility:** Open to people of all ages with visual impairments.
  - **Contact:** Visit 500 Greenwich St, Suite 302, NY, NY 10013, call (888) 245-8333, or browse their website at [www.visionsvcb.org](http://www.visionsvcb.org)
- **Blindline** – A toll-free resource offering information on accessible services, including braille menus, museums, social services, and rehabilitation facilities.
  - **Eligibility:** Available to blind/visually impaired individuals, their families, caregivers, and professionals in the field.
  - **Contact:** Call (888) 625-1616 (M–F, 9 AM–5 PM) or visit [www.blindline.org](http://www.blindline.org).





**You have reached the end  
of the english section.**



# Contact Us

Need assistance or have questions about senior services in the Bronx? The Bronx Borough President's Office is here to *help*. Whether you're looking for resources on healthcare, housing, transportation, or community programs, our team can connect you to the *support* you need.



[www.bronxboropres.nyc.gov](http://www.bronxboropres.nyc.gov)



TEL: (718) 590-3500

**Bronx Borough President's Office**  
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