



BRONX BOROUGH PRESIDENT RUBEN DIAZ JR.



BRONX SENIOR RESOURCE GUIDE



Bronx Borough President Ruben Diaz Jr.
851 Grand Concourse, Room 301
Bronx, New York 10451
(718) 590-3500

Dear Neighbor:

I am proud to present to you the first ever “Bronx Senior Citizen Resource Guide,” a comprehensive publication that is designed to provide a wide variety of information to both senior citizens and their service providers.

It is my sincere pleasure to serve our borough’s senior population, which has worked diligently over the years to make the Bronx such a great place to live, work and raise a family.

The Bronx County Senior Citizen Resource Guide serves as a vital tool that will improve the quality of life for our senior citizen population and their families.

This guide will help senior citizens and our borough’s numerous senior resource providers take advantage of the many benefits and programs that are available to them, often at little or no cost. Our seniors are among our most vulnerable populations, and it is my hope that this guide will help make their lives a little easier.

If you have any questions, please contact Larcenia Walton, Director of Senior Services, at 718-590-6248 or lwalton@bronxbp.nyc.gov.

Sincerely,

A handwritten signature in black ink that reads "Ruben Diaz Jr." in a cursive style.

Ruben Diaz Jr.

President, Borough of the Bronx

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GENERAL INFORMATION

Office of the Bronx Borough President

851 Grand Concourse
Suite 301
Bronx, New York 10451

Senior Services Unit

(718) 590-6248

Constituent Services

(718) 590-3554

Hours: Monday – Friday: 9:00 a.m. - 5:00 p.m.

New York City Department For The Aging

(212) 442-1000
Central Information & Referral
2 Lafayette Street – 6th Floor
New York, New York 10007

New York State Office For The Aging

(800) 342-9871
2 Empire State Plaza
Albany, New York 12223-1251

Carrier Alert Program

In partnership with the United States Postal Service and the National Association of Letter Carriers, the Department for the Aging and the Mayor's Office for People with Disabilities have launched Carrier Alert. This voluntary preventive program enhances a letters carrier's ability to respond when a senior or person with disability may be in distress. For assistance please contact the New York City Department for the Aging at: 311 or (212) 341-3978.

COMMUNITY BOARDS

Community Board #1

Cedric Loftin, District Manager
George Rodriguez, Board Chair
3030 3rd Avenue Bronx, New York 10455
(718) 585-7117
Neighborhoods: Mott Haven, Port Morris, and Melrose

Community Board #2

Rafael Salamanca, Jr., District Manager
Orlando Marin, Board Chair
1029 E. 163rd Street
Bronx, New York 10459
(718) 328-9125
Neighborhoods: Hunts Point, Longwood, and Morrisania

Community Board #3

John Dudley, District Manager
Gloria Aston, Board Chair
1426 Boston Road
Bronx, New York 10456
(718) 378-8054
Neighborhoods: Crotona Park, Claremont Village, Concourse Village, Woodstock, and Morrisania

Community Board #4

Jose Rodriguez, District Manager
Rev. Wenzell Jackson, Chair Board
1650 Selwyn Avenue, #11
Bronx, New York 10457
(718) 299-0800
Neighborhoods: Highbridge, Concourse, Mt. Eden, and Concourse Village

Community Board #5

Xavier Rodriguez, District Manager

Dr. Bola Omotosho, Board Chair

Bronx Community College

University Ave. & West 181st Street

Bronx, New York 10453

(718) 364-2030

Neighborhoods: Fordham University, Heights, Morris Heights, Bathgate, and Mount Hope

Community Board #6

Irvine Galarza, District Manager

Wendy Rodriguez, Board Chair

1932 Arthur Avenue, Rm. 709

Bronx, New York 10458

(718) 579-6990

Neighborhoods: Belmont, Bathgate, West Farms, and E. Tremont

Community Board #7

Fernando Tirado, District Manager

Paul Foster, Board Chair

229A 204th Street

Bronx, New York 10458

(718) 993-5650

Neighborhoods: Norwood, University Heights, and Jerome Park

Community Board #8

Nicole Stent, District Manager

Robert Fanuzzi, Board Chair

5676 Riverdale Avenue

Bronx, New York 10471

(718) 884-3959

Neighborhoods: Riverdale, Spuyten Duyvil, Van Cortlandt Village, Kingsbridge Heights, Fieldston, and Marble Hill

Community Board #9

Francisco Gonzalez, District Manager

Al Heyward, Board Chair

1967 Turnbull Avenue, Rm. 7

Bronx, New York 10473

(718) 823-3034

Neighborhoods: Parkchester, Westchester Square, Unionport, Soundview, Castle Hill, Bruckner, Harding Park, and Clason Point

Community Board #10

Kenneth Kearns, District Manager

Diane Lock, Board Chair

3165 E. Tremont Avenue

Bronx, New York 10461

(718) 892-1161

Neighborhoods: Co-op City, City Island, Spencer Estates, Throggs Neck, Country Club, Zerega, Westchester Square, Pelham Bay Park, Eastchester Bay, Schuylerville, Edgewater, Locust Point, and Silver Beach

Community Board #11

John A. Fratta, District Managers

Dominic Castore, Board Chair

1741 Colden Avenue

Bronx, New York 10462

(718) 892-6262

Neighborhood: Morris Park, Pelham Parkway, Pelham Gardens, Allerton Avenue, Bronxdale, Laconia and Van Nest

Community Board #12

Carmen Rosa, District Manager

Fr. Richard Gorman, Board Chair

4101 White Plains Road

Bronx, New York 10466

(718) 881-4455

Neighborhoods: Edenwald, Wakefield, Williamsbridge, Woodlawn, Norwood, Fish Bay, Eastchester, Olinville, and Baychester

SENIOR CITIZEN CENTERS

Seniors centers serve persons sixty years-old and over by providing nutritious meals and a wide range of social, recreational, educational, counseling and other support services. For more information and the location of the center in your neighborhood contact:

New York City Department for the Aging

(212) 442-1000

Central Information & Referral

2 Lafayette Street – 6th Floor

New York, New York 10007

Borough-wide Senior Centers

RAIN One Stop (Community Boards 1-10)

1168 Castle Hill Avenue

Bronx, New York 10462

(718) 239-4358

Neighborhood Shopp - SNAP (Community Boards 1-8)

953 Southern Boulevard

Bronx, New York 10459

(718) 542-0006

Shopp Elder Abuse Bronx (Community Boards 1-8)

953 Southern Boulevard, Suite 203

Bronx, New York 10459

(718) 542-0006

Senior Centers Listed by Community Board

Community Board #1

Borinquen Court Senior Center
285 E. 138th Street
Bronx, NY 10455
(718) 665-4441

South Bronx Community Corporation for Seniors
441 East 155th Street
Bronx, New York 10455
(718) 585-5234

Bronx Community Pride Center
448 East 149th Street, 3rd Floor
Bronx, New York 10455
718-292-4368

Bronx Works, Inc. E. Roberts Moore Senior Center
80 East 181st Street
Bronx, New York 10453
(718) 665-5559

PSS Andrew Jackson Senior Center
325 East 156th Street
Bronx, NY 10451
(718) 585-1640

Betances Senior Center
401 St. Ann's Avenue
Bronx, New York 10454
(718) 292-4922

Douglas Leon Senior Center
735 E. 152nd Street
Bronx, NY 10455
(718) 292-7129

Patterson Senior Center
308 East 145th Street
Bronx, New York 10451
(718) 993-5146

JASA Bronx Special Needs Unit - Borowide
1 Fordham Plaza
Bronx, New York 10458
(718) 365-4044

LSNY-Bronx Corp
dba Legal Services NYC Bronx
579 Courtlandt Avenue
Bronx, New York 10451- 5013
(718) 928-3700

Maria Isabel Senior Center
787 East 149th Street
Bronx, New York 10455
(718) 585-1770

Melrose Mott Haven Sr. Center
372 East 152nd Street
Bronx, New York 10455
(718) 665-2280

Millbrook Senior Center
201 Street Ann's Avenue
Bronx, New York 10454
(718) 401-4901

Mitchell Houses
188 Lincoln Avenue
Bronx, New York 10451
(718) 665-2168

PSS Caregiver Support Program
(Borowide)
325 East 156th Street
Bronx, New York 10451
(718) 585-1640

Community Board #2

Housing Options & Geriatric
Association Resources, Inc. (HOGAR)
751 Dawson Street
Bronx, New York 10455
718-742-7646

SEBCO Senior Programs
Erma-Cava Building
887 Southern Boulevard
Bronx, New York 10459
(718) 617-3465

JASA Bronx Special Needs Unit -
Borowide
1 Fordham Plaza
Bronx, New York 10458
(718) 365-4044
Mid Bronx HMDL Program 1- 6
900 Grand Concourse
Bronx, New York 10451
(718) 992-2057

Neighborhood Shopp
953 Southern Boulevard
Bronx, New York 10459
(718) 542-0006

Pio Mendez
1291 Lafayette Avenue
Bronx, New York 10474
(718) 617-1514

PSS Caregiver Support Program
(Bronx 1-9)
325 East 156th Street
Bronx, New York 10451
(718) 585-1640

RAIN Multi-Services, Inc.
(WRAP) (1-6)
3377 White Plains Road
Bronx, NY 10467
(347) 346-9676

Community Board #3

PSS Davidson Senior Center
950 Union Avenue
Bronx, NY 10459
(718) 328-2810

Arturo Schomberg Senior Center
1315 Franklin Avenue
Bronx, New York 10456
(718) 842-6880

Neighborhood SHOPP/Case
Management Services
910 East 172nd Street, 2nd Floor
Bronx NY 10460
(718) 542-0006

William Hodson Senior Center
1320 Webster Avenue
Bronx, New York 10456
(718) 538-1515/3700

Casa Boricua Senior Center
910 E 172nd Street
Bronx, NY 10460
(718) 542-0222/23

PSS Caregiver Support Program
(Bronx 1-6,9)
325 East 156th Street
Bronx, New York 10451
(718) 585-1640

Community Board #4

BJCC Ext. Findlay Avenue Office
1175 Findlay Avenue
Bronx, New York 10456
(718) 681-4860

Concourse Village Special Adult
773 Concourse Village East
Bronx, New York 10451
(718) 293-6552

JASA Bronx Special Needs Unit -
Borowide
1 Fordham Plaza
Bronx, New York 10458
(718) 365-4044

Mid Bronx Project Homebound- Case
Management (Bx. 4-6)
900 Grand Concourse
Bronx, New York 10451
(718) 588-8200

BJCC Bainbridge Avenue Office
3176 Bainbridge Avenue
Bronx, New York 10467
(718) 652-3344

BJCC Ext. Services Program
2157 Holland Avenue
Bronx, New York 10462
(718) 828-1114

Hope of Israel Senior Citizen Center
1068 Gerard Avenue
Bronx, New York 10452
(718) 665-8400

PSS Highbridge Senior Center
1181 Nelson Avenue, 2nd Floor
Bronx, NY 10452
(718) 588-3004

RAIN Multi Svcs. For Seniors (WRAP)
(Bronx 1-6)
3377 White Plains Road
Bronx, NY 10467
347-346-9676

Mid Bronx HMDL Program 1- 6
900 Grand Concourse
Bronx, New York 10451
(718) 992-2057

Morrisania Air Rights
3135 Park Avenue East
Bronx, New York 10451
(718) 992-2528

PSS Caregiver Support Program
(Bronx 1-6,9)
325 East 156th Street
Bronx, New York 10451
(718) 585-1640

RAIN College Avenue Senior Center
1020 College Avenue
Bronx, New York 10456
(718) 681-7993

Community Board #5

BW/East Concourse Senior Center
236 East Tremont Avenue
Bronx, NY 10457
(718) 731-6300

BW/Heights Center for Senior Center
200 West Tremont Avenue
Bronx, New York 10453
(718) 299-0300/01

BW/Morris Senior Center
80 East 181st Street
Bronx, New York 10457
(718)

Mid Bronx HMDL Program 1- 6
900 Grand Concourse
Bronx, New York 10451
(718) 992-2057

JASA Bronx Special Needs Unit –
(Bronx 1-10)
1 Fordham Plaza
Bronx, New York 10458
(718) 365-4044

Mid Bronx Project Homebound- Case
Management (Bx. 4-6)
900 Grand Concourse
Bronx, New York 10451
(718) 588-8200

PSS Caregiver Support Program
(Bronx 1-6,9)
325 East 156th Street
Bronx, New York 10451
(718) 585-1640

RAIN Multi Svcs. For Seniors (WRAP)
(Bronx 1-6)
3377 White Plains Road
Bronx, NY 10467
(347) 346-9676

Community Board #6

Aquinas Senior Services
1912 Crotona Parkway
Bronx, New York 10460
(718) 842-6440

COBO Mount Carmel Center for Senior
Citizens
2405 Southern Boulevard
Bronx, New York 10458
(718) 733-8852

JASA Bronx Special Needs Unit –
(Bronx 1-10)
1 Fordham Plaza
Bronx, New York 10458
(718) 365-4044

LSNY-Bronx Corp
dba Legal Services NYC Bronx
579 Courtlandt Avenue
Bronx, New York 10451- 5013
718-928-3700

Mid Bronx HMDL Program 1- 6
900 Grand Concourse
Bronx, New York 10451
(718) 992-2057

Mid Bronx Project Homebound- Case
Management (Bx. 4-6)
900 Grand Concourse
Bronx, New York 10451
(718) 588-8200

Neighborhood Shopp
(Bronx 2-3, 6,12)
953 Southern Boulevard
Bronx, New York 10459
(718) 542-0006

PSS Caregiver Support Program
(Bronx 1-6,9)
325 East 156th Street
Bronx, New York 10451
(718) 585-1640

RAIN Multi Svcs. For Seniors (WRAP)
(Bronx 1-6)
3377 White Plains Road
Bronx, NY 10467
(347) 346-9676

Tremont Community Senior Center
2070 Clinton Avenue
Bronx, New York 10457
(718) 933-3716

Community Board #7

BJCC CAC/MOW (Bronx 7-9,11)
2930 Wallace Avenue
Bronx, New York 10467
(718) 652-5500

BJCC Ext. Bainbridge Mosholu Office
3176 Bainbridge Avenue
Bronx, New York 10467
(718) 652-3344

BJCC Ext. Services Program
(Bronx 4,7,10)
2157 Holland Avenue
Bronx, New York 10462
(718) 828-1114

BJCC Holland Avenue Office
2157 Holland Avenue
Bronx, New York 10462
(718) 828-1114

Bronx Jewish Community Council
(Bronx 7-8)
2930 Wallace Avenue
Bronx, New York 10467
(718) 652-5500

Community Support for the Elderly
(Bronx 7-8)
3101 Kingsbridge Terrance
Bronx, New York 10463
(718) 884-0700

Dora & Harry Simon Senior Center
(Bronx 7-8)
5625 Arlington Avenue
Bronx, New York 10471
(718) 548-8200

Fort Independence (Bronx 7-8)
3440 Bailey Avenue
Bronx, New York 10463
(718) 796-2950

JASA Bronx Special Needs Unit –
(Bronx 1-10)
1 Fordham Plaza
Bronx, New York 10458
(718) 365-4044

JASA Bx Caregiver Respite Program
(Bronx 7-8,10-12)
1 Fordham Plaza
Bronx, New York 10458
(718) 365-4044

Mosholu Montefiore Senior Center
(Bronx 7-8)
3450 Dekalb Avenue
Bronx, New York 10467
(718) 798-6601

RAIN Bailey Senior Center
2660 Bailey Avenue
Bronx, New York 10463
(718) 796-2559

RAIN HMDL Prog. 111 Area
2405 Tremont Avenue
Bronx, New York 10461
(718) 892-5520

RAIN Multi Svcs. For Seniors (WRAP)
(Bronx 7-10, 12)
3377 White Plains Road
Bronx, NY 10467
(347) 346-9676

Riverdale Social Adult Day Services
(Bronx 7-8)
2600 Netherland Avenue
Bronx, New York 10463
(718) 884-5900

Sister Annunciata Bethel Senior Center
Bedford Park Multi-Service for Senior
Citizens, Inc.
243 East 204th Street
Bronx, New York 10458
(718) 365-3725

RAIN Tolentine Zeiser Nutrition Prog.
2345 University Avenue
Bronx, New York 10468
(718) 933-6395

Tri-Center Transportation (Bronx 7-8)
2600 Netherland Avenue
Bronx, New York 10463
(718) 884-5900

Weekend Activities for Frail
2550 Webb Avenue
Bronx, New York 10468
(718) 579-0360

Community Board #8

BJCC CAC/MOW (Bronx 7-9, 11)
2930 Wallace Avenue
Bronx, New York 10467
(718) 652-5500

Community Support for the Elderly
(Bronx 7-8)
3101 Kingsbridge Terrace
Bronx, New York 10463
(718) 884-0700

Fort Independence (Bronx 7-8)
3440 Bailey Avenue
Bronx, New York 10463
(718) 796-2950

JASA Bronx Special Needs Unit –
(Bronx 1-10)
1 Fordham Plaza
Bronx, New York 10458
(718) 365-4044

Jewish Home & Hospital
100 West Kingsbridge Road
Bronx, New York 10468
(718) 579-0276

Mosholu Montefiore Senior Center
(Bronx 7-8)
3450 Dekalb Avenue
Bronx, New York 10467
(718) 798-6601

RAIN Bailey Senior Center
2660 Bailey Avenue
Bronx, New York 10463
(718) 796-2559

RAIN Multi Svcs. For Seniors (WRAP)
(Bronx 7-10, 12)
3377 White Plains Road
Bronx, NY 10467
(347) 346-9676

Riverdale Neighborhood House
Telephone
5521 Mosholu Avenue
Bronx, New York 10471
(718) 549-8100

Riverdale Senior Center
2600 Netherland Avenue
Bronx, New York 10463
(718) 884-5900

Tri-Center Transportation (Bronx 7-8)
2600 Netherland Avenue
Bronx, New York 10463
(718) 884-5900

Bronx Jewish Community Council
(Bronx 7-8)
2930 Wallace Avenue
Bronx, New York 10467
(718) 652-5500

Dora & Harry Simon Senior Center
(Bronx 7-8)
5625 Arlington Avenue
Bronx, New York 10471
(718) 548-8200

Hebrew Institute of Riverdale Program
for Older Adults
3700 Henry Hudson Parkway
Bronx, New York 10463
718-796-4730

Institute for Puerto Rican Elderly
105 East 22nd Street
New York, NY 10010
(212) 677-4181

JASA Bx Caregiver Respite Program
(Bronx 7-8,10-12)
1 Fordham Plaza
Bronx, New York 10458
(718) 365-4044

Marble Hill Senior Center
5365 Broadway
Bronx, New York 10463
(718) 562-8551

JASA/Van Cortlandt Village Senior
Center
3880 Sedgwick Avenue
Bronx, New York 10463
(212) 273-5250

Community Board #9

Beth Abraham NORC
612 Allerton Avenue
Bronx, New York 10467
(718) 519-5962

BJCC CAC/MOW (Bronx 7-9,11)
2930 Wallace Avenue
Bronx, New York 10467
(718) 652-5500

Bronx River Senior Center
1619 East Street
Bronx, New York 10472
(718) 879-7400

Glebe Senior Center
2125 Glebe Avenue
Bronx, New York 10462
(718) 829-1564

James Monroe Senior Center
1776 Story Avenue
Bronx, New York 10473
(718) 893-3484

JASA Bronx Special Needs Unit –
(Bronx 1-10)
1 Fordham Plaza
Bronx, New York 10458
(718) 365-4044

Kips Bay Castle Hill Senior Center
625 Castle Hill Avenue
Bronx, New York 10473
(718) 892-1396

RAIN Elder Abuse (Bronx 9-12)
3377 White Plains Road
Bronx, NY 10467
(347) 346-9676

Mechler Hall Senior Center
2158 Watson Avenue
Bronx, New York 10472
(718) 892-1396

RAIN HMDL Prog. 11 Area
2405 Tremont Avenue
Bronx, New York 10461
(718) 892-5520

Project Fresh Grandparents Advocacy
1595 Metropolitan Avenue
Bronx, New York 10462
(718) 863-4776

RAIN Multi-Services for Seniors (Bronx
9-10)
3377 White Plains Road
Bronx, NY 10467
(347) 346-9676

PSS Caregiver Support Program
(Bronx 1-6,9)
325 East 156th Street
Bronx, New York 10451
(718) 585-1640

RAIN Multi Svcs. For Seniors (WRAP)
(Bronx 7-10, 12)
3377 White Plains Road
Bronx, NY 10467
(347) 346-9676

RAIN Eastchester Senior Center (Bronx
9-11)
1246 Burke Avenue
Bronx, New York 10469
(718) 882-8513

RAIN Parkchester Senior Center
1380 Metropolitan Avenue
Bronx, New York 10462
(718) 597-9220

RAIN Eastchester Transportation (Bronx
9-11)
1246 Burke Avenue
Bronx, New York 10469
(718) 882-8513

Soundview Senior Center
1674 Seward Avenue
Bronx, New York 10472
(718) 677-4181

RAIN East Tremont Senior Center
2405 East Tremont Avenue
Bronx, New York 10461
(718) 892-5520

Community Board #10

BJCC Ext. Services Program
(Bronx 4,7,11)
2157 Holland Avenue
Bronx, New York 10462
(718) 828-1114

BJCC Ext. Services Co-op City Site
177 Dreiser Loop
Bronx, New York 10475
(718) 320-1234

City Island Senior Center
160 Pilot Street
Bronx, New York 10464
(718) 885-0727

Co-op City Senior Center
2049 Bartow Avenue
Bronx, New York 10475
(718) 329-2068

Dreiser Senior Center
177 Dreiser Avenue
Bronx, New York 10462
(718) 892-2682

Einstein Senior Center
135 Einstein Loop
Bronx, New York 10475
(718) 329-2066

HANAC I & R & Rec
3573 Bruckner Boulevard
Bronx, New York 10461
(718) 409-9876

JASA Bronx Special Needs Unit –
(Bronx 1-10)
1 Fordham Plaza
Bronx, New York 10458
(718) 365-4044

JASA Bronx Caregiver Respite Program
(Bronx 7-8, 10-12)
1 Fordham Plaza
Bronx, New York 10458
(718) 365-4044

JASA Throgs Neck Senior Center
2705 Schley Avenue
Bronx, New York 10465
(718) 823-1771

Northeast Bronx Senior Citizen Center
2968 Bruckner Boulevard
Bronx, New York 10465
(718) 892-6090

RAIN Eastchester Senior Center
(Bx 9-11)
1246 Burke Avenue
Bronx, New York 10469
(718) 882-8513

RAIN Eastchester Transportation (Bronx
9-11)
1246 Burke Avenue
Bronx, New York 10469
(718) 882-8513

RAIN Elder Abuse (Bronx 9-12)
3377 White Plains Road
Bronx, NY 10467
(347) 346-9676

RAIN HMDL Prog. 11 Area
2405 Tremont Avenue
Bronx, New York 10461
(718) 892-5520

RAIN Middletown Senior Center
3035 Middletown Road
Bronx, New York 10461
(718) 822-0486

RAIN Multi-Services for Seniors (Bronx
9-10)
3377 White Plains Road
Bronx, NY 10467
(347) 346-9676

RAIN Multi Svcs. For Seniors (WRAP)
(Bronx 7-10, 12)
3377 White Plains Road
Bronx, NY 10467
(347) 346-9676

Community Board #11

Allerton Senior Center
1415 Allerton Avenue
Bronx, New York 10469
(718) 652-0414

Beth Abraham Hith. Services
Intergenerational
612 Allerton Avenue
Bronx, New York 10467
(718) 409-1619

Bronx House Senior Center
990 Pelham Parkway South
Bronx, NY 10461
718-792-1800

BJCC CAC/MOW (Bronx 7-9,11)
2930 Wallace Avenue
Bronx, New York 10467
(718) 652-5500

Ginsburg Senior Center
975 Waring Avenue
Bronx, New York 10469
(718) 881-1758

JASA Bronx Caregiver Respite Program
(Bronx 7-8, 10-12)
1 Fordham Plaza
Bronx, New York 10458
(718) 365-4044

Morris Park Community Association
1824 Bronxdale Avenue
Bronx, NY 10462
718-823-0596

North East Bronx Association, Inc.
2325 Vance Street
Bronx, NY 10469
718-231-8569

Parkside Senior Center
644 Adeo Avenue
Bronx, New York 10467
(718) 881-7780

Pelham Pkwy Houses North NORC
2425 Williamsbridge Road
Bronx, New York 10467
(718) 652-6363

RAIN Boston Road Senior Center
2424 Boston Road
Bronx, New York 10467
(718) 547-8827

RAIN Eastchester Senior Center (Bronx
9-11)
1246 Burke Avenue
Bronx, New York 10469
(718) 882-8513

RAIN Eastchester Transportation (Bronx
9-11)
1246 Burke Avenue
Bronx, New York 10469
(718) 882-8513

RAIN East Tremont Senior Center
2405 East Tremont Avenue
Bronx, NY 10461
718-828-0447

RAIN Elder Abuse (Bronx 9-12)
3377 White Plains Road
Bronx, NY 10467
(347) 346-9676

San Gennaro Senior Citizen Center
1556 Williamsbridge Road
Bronx, New York 10461
(718) 931-4440

Community Board #12

Emerald Isle Extended Services
280 East 236th Street
Bronx, New York 10470
(718) 324-3039

JASA/Bay Eden Senior Center
1229 East 229th Street
Bronx, New York 10466
(718) 882-3815

JASA Bronx Special Needs Unit –
(Bronx 1-10)
1 Fordham Plaza
Bronx, New York 10458
(718) 365-4044

JASA Bronx Caregiver Respite Program
(Bronx 7-8, 10-12)
1 Fordham Plaza
Bronx, New York 10458
(718) 365-4044

RAIN Boston East Senior Center
3450 Boston Road
Bronx, New York 10469
(718) 654-9200

RAIN Boston Secor Senior Center
3540 Bivona Street
Bronx, New York 10475
(718) 892-5520

RAIN Eastchester Transportation (Bronx
9-11)
1246 Burke Avenue
Bronx, New York 10469
(718) 882-8513

RAIN Elder Abuse (Bronx 9-12)
3377 White Plains Road
Bronx, NY 10467
(347) 346-9676

RAIN Gunhill Senior Center
3445 Holland Avenue
Bronx, New York 10467
(718) 892-5520

RAIN HMDL Prog. 111 Area2405
Tremont Avenue
Bronx, New York 10461
(718) 892-5520

RAIN Nereid Senior Center
720 Nereid Avenue
Bronx, New York 10466
(718) 994-0132

RAIN Multi Svcs. For Seniors (WRAP)
(Bronx 7-10, 12)
3377 White Plains Road
Bronx, NY 10467
(347) 346-9676

SENIOR SERVICES

Expanded In-Home Services for the Elderly (EISEP) is a State-funded program that assists elders who need help with activities of daily living provides an array of services designed to help the individual residing at home.

SUPPLEMENTAL SECURITY INCOME (SSI)

SSI is a monthly payment to people with low-income who are 65 or older or blind or otherwise disabled. Payments supplement Social Security and/or other income. With some exceptions, United States citizenship is required.

Applicants eligible for SSI may also qualify for Medicaid and Food Stamps.
Apply to: Social Security Administration (800) 772-1213

VETERANS BENEFITS

Pensions for low-income and disabled veterans; health care; vocational training; rehabilitation services; education; home loans; disability compensation; life insurance; burial and other benefits are available.

Medical benefits include care in VA hospitals, nursing homes and outpatient services. Dependents and survivors may also be eligible for certain benefits. Apply to:

U.S. Department of Veterans Affairs, New York Regional Office
(800) 827-1000 or (212) 807-7229

FINANCIAL ASSISTANCE

Emergency Assistance for Adults (EAA) helps meet emergency financial needs of people eligible for, or who are receiving, social security. EAA provides assistance in hardship situations, such as replacing lost, stolen or not received SSI checks, or providing funds to cover food needs to prevent eviction or utility shut-off. Call the Human Resources Administration info line at (718) 557-1399 or 311.

CITY MEALS-ON-WHEELS

City Meals-on-Wheels raises private funds to ensure no homebound elderly New Yorker will ever go a day without food or human company. Last year, our family of contributors helped us bring over 2.2 million nutritious meals to 18,065 frail aged in every borough of New York City. In addition, over 1,500 volunteers collectively spent 62,000 hours visiting and delivering meals to New York's frail aged.

Weekend Meals

City Meals contracts with local meal centers to prepare and deliver nutritious meals on Saturdays and Sundays as government funding only covers meals Monday through Friday and not on holidays.

Who is eligible for meals-on-wheels?

To qualify for home-delivered meals, a person must be at least 60 years-old and have a chronic physical or mental disability preventing them from shopping for food or preparing meals for themselves.

To get meals-on-wheels service, every client must receive an assessment visit by a case manager from their local case management agency.

How can I get meals?

Go to www.citymeals.org, enter the ZIP code of the homebound person, and the local case management agency in their community will pop up with a phone number for you to call.

BRONX MEALS PROVIDERS

Mid Bronx Senior Citizens Council CD 1- 6
900 Grand Concourse, Bronx, NY 10451
(718) 992-2057

RAIN Senior Options CD 7 – 12
3450 Boston Road, Bronx, NY
(718) 231-7246

You can also call contact City Meals-on-Wheels by telephone at (212) 687-1234 or by email: at getmeals@citymeals.org.

Bronx Case Management Agencies

Below is a listing of the Case Management Agencies that provide service throughout the Bronx:

JASA

135 Einstein Loop

Bronx, NY 10475

(718) 379-0433

Neighborhood SHOPP

910 East 172nd Street

Bronx, NY 10460

(718) 328-3536

RAIN Multi-Services for Seniors

3377A White Plains Road

Bronx, NY 10467

(347) 346-9676

TRANSPORTATION

What is Access-A-Ride?

Access-a-Ride provides transportation for people with disabilities who are unable to use public bus or subway service for some or all of their trips. It offers shared ride, door-to-door paratransit service. AAR operates 24 hours a day, seven days a week. When you call 877-337-2017 and reserve your trip to a location in Nassau or Westchester counties, the reservationist will inform you if the location is within the three-quarter mile service area. New York City Transit (NYC Transit) administers Access-a-Ride; private carriers under contract to NYC Transit provide service.

Access-A-Ride, New York City Transit, Paratransit Division

2 Broadway, 11th Floor

New York, NY 10004

877 – 337-2017

646-252-5287

<http://www.mta.nyc.ny.us/nyct/paratran/guide.htm>

IMPORTANT TRANSPORTATION PHONE NUMBERS:

N.Y.C Transit Authority Information (718) 220-1234

Transit Authority Customer Services (718) 330-3322

Reduced Fare

Individuals 65 and older or have a disability may apply for a Reduced Fare card at:

MTA Customer Service Center

3 Stone Street,

New York, NY 10004

Or call (212) METROCARD

Documentation is needed when applying for Reduced Fare Metrocard or Photo Identification Metrocard.

Proof of Age can be provided from either of the following:

Birth Certificate

Medicare card

Social Security Award Letter

Driver's License or NY State non-driver's Id

Metro Card Van Services

If you are 65 or older, bring proof of age: a driver's license, Medicare card or birth certificate (one must have a photo). The MTA will help you complete your application and take your photograph.

Bronx Metro Card Van Schedule

Location	When	Time
Bronx Borough Hall (Grand Concourse & 161 St)	2nd Wed	1:30 PM - 2:30 PM
Co-op City at Bartow Mall (Co-op City Blvd)	1st & 3rd Thurs	9 AM - 10:30 AM
Co-op City at Dreiser Loop	1st & 3rd Thurs	11 AM - 12:30 PM
Co-op City at Einstein Loop	1st & 3rd Thurs	1 PM - 2:30 PM
East Bronx at 3369 E. Tremont Ave bet Bruckner Blvd & Haskins St why is this blue?	2nd Fri	1PM - 3PM
Fordham Rd & Grand Concourse	2nd & 4th Fri	12 noon - 2 PM
Fordham Plaza – Intersection of Fordham Rd, 3rd Ave & Webster Ave	2nd & 4th Fri	2:30 PM - 4 PM
Kingsbridge at 231 St & Broadway	1st & 3rd Wed	2 PM - 3 PM
Parkchester at Metropolitan Oval (Near Washington Mutual Bank)	2nd Wed	11 AM - 12:30 PM
Riverdale at Skyview Shopping Center (Riverdale Av, b/t W. 256 & W. 259 St)	1st & 3rd Wed	12 noon - 1 PM
Riverdale at 235 St & Johnson Av	1st & 3rd Wed	9 AM - 11:30 AM
Throgs Neck at St. Frances DeChantal Church (190 Hollywood Av.)	2nd Wed	9 AM - 10 AM
Van Cortlandt Village (3880 Sedgwick Av.)	2nd & 4th Fri	9:30 AM -11 AM

Permits/Franchises

New York State Parking Permits For People With Disabilities

Application for a New York State Parking Permit for People with Disabilities

General Instructions

Parking Permit for People with Disabilities

28-11 Queens Plaza North, 8th Floor

Long Island City, New York 11101-4008

Telephone: 311

TTY: (718) 433-3111

FOOD STAMPS

Food Stamps allow persons with limited incomes to buy food or meals to stay healthy. Instead of coupons, recipients now receive a debit card for purchases. To find out if you are eligible to receive food stamps, visit or call your local office:

Food Stamp Offices

The Food Stamp Offices are open Monday through Friday from 8:30 am to 5 pm. The ones marked with an asterisk stay open until 6 pm, are open an additional hour on the day designated, and are also open on Saturday, from 9 am to 5 pm.

Colgate Office

1209 Colgate Avenue

Bronx, New York 10472

(718) 589-7757

(718) 620-8891

(718) 220-6675

(718) 220-6679

Crotona Office

1910 Monterey Avenue

Bronx, New York 10457

(718) 901-0287

(718) 901-5459

Melrose Office

260 East 161 Street

Bronx, New York 10451

(718) 664-1607

(718) 664-2071

Rider Office

305 Rider Avenue

Bronx, New York 10451

(718) 742-3711

(718) 742-3727

Fordham Office

2551 Bainbridge Avenue

Bronx, New York 10458

SENIOR FARMERS MARKET NUTRITION PROGRAM (SFMNP):

The Senior Farmers Market Nutrition Program (SFMNP) gives low-income older adults free coupons that can be exchanged for eligible food at local farmers markets. The program encourages them to consume fresh fruits and vegetables. Coupons are available in July for use through November. For more information and the location of farmers markets, call the Department for the Aging at (212) 442-1000

HOME CARE SERVICES FOR SENIORS

In-Home Support Services

Home care services provide the extra help the frail elderly need to remain in their own homes and communities. The following services may be available in your community.

Home Attendant Program

Home Attendant services provide personal care and assistance in the activities of daily living to adults who are aged, disabled or handicapped. These services are provided at the request of a physician. Services are available to recipients of SSI, Medicaid and Public Assistance.

Homemaker Services

Homemaker services provide household management and personal care for aged or handicapped adults in order to prevent their placement in institutions. Homemakers deal with some of the fundamental housekeeping chores (cleaning, marketing, etc.), as well as some personal care and home management. Homemaker services can be provided up to 24 hours a day, seven days a week.

Housekeeper/Chore Services

Housekeeping is a part-time service (up to 12 hours per week for adults) generally provided to elderly or handicapped individuals who are medically in need of this service and are unable to perform basic household task. Recipients of this service must be able to direct and supervise the housekeeper assigned to them. Adults eligible for the service include those receiving Public Assistance, SSI and Medicaid.

Contact your local Community Alternative Systems Agency II (CASA II) for Home Care Services:

Bronx CASA
530 W. 135th Street, 2nd Floor
Street Level
CD 1 – 12_
(718) 510-0106 or (718) 510-0153
(718) 508-0885 Fax #

EMPLOYMENT

The Foster Grandparent Program

The Foster Grandparent Program is a volunteer program that offers seniors age 60 and older a paid non-taxable stipend to serve as mentors, tutors and caregivers for children and youth with special needs. Foster Grandparents serve 20 hours per week in community-based organizations such as elementary schools, hospitals, day care programs, after-school programs and Head Start programs.

Foster Grandparent Program
New York Department for the Aging
2 Lafayette Street
New York, NY 10007
(212) 442-1000

Job Placement Agencies

The following are agencies which specialize in job training and placement for senior citizens:

New York City Department for the Aging
Senior Employment Services
220 Church Street
New York, NY 10007
(212) 442-1353

Institute for Puerto Rican –Employment
105 East 22nd Street
New York, NY 10010
(212) 677-4181

Korean Community Services
149 West 24th Street
New York, NY 10011
(212) 727-8745

SENIOR EMPLOYMENT SERVICES

The Department for the Aging's Senior Employment Services (SES) assists New York City residents 55 years of age and older who are seeking work opportunities. SES workshops offer classroom training, job search techniques and part-and full-time job placements. All SES programs offer employment contact and placement assistance for low to moderate income mature adults.

Contact Us:

NYC Department for the Aging
Senior Employment Services
220 Church Street
New York, New York 10007

Dial 311 or call (212) 442-1353 or
(212) 442-1355

LEGAL SERVICES

Several organizations provide legal services free of charge to senior citizens who are in financial need. They handle cases related to landlord tenant conflicts, government benefit programs (Medicare, Medicaid, SSI, Food Stamps) and consumer and public utility disputes. Contact:

LSNY-Bronx Corp
dba Legal Services NYC Bronx
579 Courtlandt Avenue
Bronx, New York 10451- 5013
718-928-3700

EDUCATION

Many New York City educational institutions welcome senior citizens in their courses. Whether you graduated from college or never received a high school diploma, there are many opportunities to go back to school.

High School Programs

The Department of Education (DOE) has offerings for adults of all ages, including courses on computer skills, English for speakers of other languages, literacy, and GED classes.

Bronx Adult Learning Center
3450 East Tremont Avenue, Rm. 323
Bronx, NY 10465
(718) 863-4057
Web: www.adultednyc.com

There are a number of colleges and universities in the Bronx which offer discounts on tuition or registration to older adults. For more information , call the colleges listed below:

CITY UNIVERSITY OF NEW YORK (CUNY)

Bronx Community College
2155 University Avenue
South Hall, Suite 211
Bronx, New York 10453
(718) 289-5127

Eugenio María de Hostos Community College
500 Grand Concourse,
Bronx, New York 10451
Phone (718) 518-4444

Lehman College
Shuster Hall
250 Bedford Park Blvd. West
Bronx, New York 10468
877-Lehman
(718) 960-8706
(718) 960-8712 Fax

CULTURAL CENTERS & RECREATIONAL PROGRAMS

The Wildlife Conservation Society –
Bronx Zoo
2300 Southern Boulevard
Bronx, New York 10460
(718) 220-5100
Seniors Discount - \$14.00
65 and over
www.bronxzoo.com

Bronx Museum of the Arts
1040 Grand Concourse @ 165th Street
Bronx, New York 10456
(718) 681-6000
(718) 681-6181 Fax
Seniors Discount - \$3.00
Thursday, Saturday and Sunday
Free on Fridays
www.bronxmuseum.org

The New York Botanical Garden
Bronx River Parkway @ Fordham Road
Bronx, New York 10458
(718) 817-8700
Senior All Garden Pass: \$18
Senior Grounds Only: \$3
www.nybg.org

Bronx Council on the Arts
1738 Hone Avenue
Bronx, New York 10461
(718) 931-9500
Seniors Membership - \$15
www.bronxarts.com

Bronx Opera Company
Lovinger Theater – Lehman College
(718) 960-8833
Senior Citizens receive \$3.00 off of
tickets prices.
www.bronxopera.org

Historical Societies

Bronx Historical Society
3309 Bainbridge Avenue
Bronx, New York 10467
(718) 881-8900
Seniors Discount - \$3.00

Pelham Masonic Historical Society of
City Island
241 City Island Avenue
Bronx, New York 10464
(718) 885-3233

The City Island Historical Society and
Nautical Museum
190 Fordham Street
P.O. Box 82
City Island, NY 10464
(718) 885-0008
www.cityislandmuseum.org
Membership
Senior Discount - \$10.00
Admission – Free

THE GRANDPARENT RESOURCE CENTER

The GRC provides a number of supportive services that include information and referral, recreational activities, educational workshops, advocacy, and case assistance to people who are raising grandchildren and other young relatives and need services to help them with this new role. The Center sponsors a network for grandparent support group facilitators to exchange ideas, collaborate on events, and receive specialized training.

To Reach the Grandparents Resource Center call
(212) 442-1094 or call 311.

Caring for Minor Children

Grandparent/Kinship Caregivers Support Programs Directory that is designed to provide information on resources and services available across the state to support grandparents and other relatives (kinship caregivers) raising children. The directory is available on the NYSOFA website at
<http://www.aging.ny.gov/Caregiving/GrandParents/Index.cfm>

Kinship Navigator is a growing number of grandparents and other older relatives find themselves caring for their grandchildren and other relative children due to death, substance abuse, mental illness, incarceration, military deployment and other reasons. The Kinship Navigator, is an on-line statewide resource for information and referral where you can access information on laws, legal rights and issues on custody and visitation, eligibility for benefits and entitlement programs, tax credits, respite care and other local services. You can also call their toll-free number at 1-877-454-6463 to speak to a representative, or email: them at navigator@nysnavigator.org
PSS/Grandparents Apartments

The Center offers a wide range of services: support groups, counseling, case management, educational workshops and seminars, homework assistance, recreational activities, legal services and a summer day camp.

GFA's goal is to assist each grandparent with reaching her/his full potential as grandparents raising grandchildren and to enable the grandchildren to gain the emotional and educational tools for success.

Kinship Caregivers Support Program

Michele Chapple
Director
mchapple@pssusa.org
(718) 620-1262 ext 1212

BURIAL INFORMATION

If a senior citizen dies, leaving no money, family or friends to pay for the burial, contact:

Bronx County Mortuary
Bronx Public Administrator

Bronx County Medical Examiner
(718) 829-2030

Van Etten Hospital, Bronx Municipal Campus
Pelham Parkway, Eastchester Road
Bronx, New York 10461

www.health.state.ny.us/nysdoh/consumer/patient/funeral.htm
"A Consumer's Guide to Arranging a Funeral"

Provides information about many New York City government social services including, eviction prevention, child care, Medicaid, services for people with AIDS, utility shutoffs, homeless shelters, family problems, etc.

HRA INFORMATION LINE
1-877-HRA-8411

ELDER ABUSE

The Department for the Aging directly, and through a network of community-based agencies, sponsors elder abuse prevention activities for older New Yorkers and provides counseling and supportive services to victims of elder abuse in New York City.

Elder Abuse Defined

Elder abuse is any knowing, intentional, or negligent act by a caregiver or any other person holding a trusting relationship with a vulnerable older adult, which causes harm or a serious risk of harm to that older adult including physical, emotional, sexual, or financial harm, or neglect, abandonment or confinement.

Resource Center

The Elderly Crime Victims Resource Center provides direct resource and referral to victims of elder abuse and also coordinates our education and prevention efforts around this important agency mission. The Elderly Crime Victims Program within DFTA can be contacted by phone from 9 a.m. to 5 p.m., Monday through Friday (311). After hours, callers are routed to Safe Horizon's hotline to ensure 24/7 assistance.

Community Resources

Many resources exist in the community to assist victims of elder abuse.

Elderly Crime Victims Resource Center

Department for the Aging

2 Lafayette Street NY, NY 10007

Citywide 311

Monday – Friday: 9:00 a.m. – 5:00 p.m.

Will provide counseling, advocacy, information and referral and assist with the completion of CVB applications.

Crime Victims Support Services of the North Bronx

1138 Neil Ave. Bronx, NY 10461

(718) 823-4925

Monday-Friday 9 a.m. -5 p.m.

Will provide counseling over the phone and with completion of CVB applications.

Bronx Elder abuse/domestic violence

Bronx District Attorney's Office Elder Abuse Unit

198 East 161 Street, 5th floor

Bronx, NY 10451

(718) 590-2260

Monday - Friday: 9:00 a.m. – 5:00 p.m.

Assists victims with crisis intervention, education about criminal court process, advocacy, and referrals.

Bronx Domestic Violence

Neighborhood Shopp VIP Program

953 Southern Blvd., Ste. 203, Bronx, NY 10459

(718) 542-0006

Monday - Friday: 9:00 a.m. - 5 p.m.

Provide some financial assist., counseling, home assessments, obtain oop and file police reports to seniors who are crime victims who have reported crime to police or plan to do so.

Bronx Elder Abuse Safe Horizons Family Court Program

900 Sheridan Avenue, 6th floor, Room 6E38 Bx, NY 10451

(718) 590-2371

Monday – Friday: 9 a.m. - 5 p.m.

Assists victims who come to family court. Assistance includes: crisis intervention, education on court process, assistance with family offense petition, referrals, safety planning, assistance with CVB applications and emergency assistance. Bronx Elder abuse/domestic Violence.

ADULT PROTECTIVE SERVICES

In providing services to impaired adults, it is required for Protective Services for Adults to work with agencies dealing with aging, medical and mental health, legal issues, and law enforcement. Services available by Protective Services for Adults include:

- Investigation and assessment of the adult's needs and risk of harm
- Counseling for the victimized adult and their family
- Advocacy and case management services including arranging for medical and mental health assessments, applying for benefits and assuring coordinated delivery services
- Finding alternative living arrangements, including providing emergency room and board for up to 30 days
- Financial management services, including serving as representative payee” Homemaker and housekeeper chore services, within specified limits
- Crisis interventions, such as securing access orders, involuntary protective service orders and orders of protection
- Long-term legal interventions, such as pursuing guardianship

For further information on any of these services, please contact your local department of social services and ask for Protective Services for Adults.

To report adult abuse, call (800) 342-3009 (Press Option 6) or visit:
www.ocfs.state.ny.us

AGE DISCRIMINATION

Age discrimination is sometimes clear, but more often subtle. It can occur in housing and with your credit. If you have a question of whether you are being discriminated against because of age and are 60 years or older, call the New York State Division of Human Rights at (212) 480-2522.

BRONX WORKS, INC. MINOR REPAIR PROGRAM

Bronx Works, Inc., has a technician who comes to seniors' homes and makes minor home repairs such as putting up window shades, replacing door hinges, fixing leaky faucets, replacing smoke alarm batteries, changing light bulbs, installing shelves, and repairing cabinets. The technician also performs security checks of locks, window gates, peepholes, carbon monoxide detectors, and other safety features to make sure seniors stay safe within their homes.

For more information, please contact:
(718) 933-5300

Bronx Works, Inc./Morris Senior Center
80 E. 181st St.
Bronx, NY 10453

SENIOR HOUSING ASSISTANCE PROGRAM

Bronx Works, Inc., has a housing specialist dedicated to helping seniors at risk of homelessness. Our housing specialist provides the following types of assistance:

Mediating disputes with landlords

Help completing applications for housing subsidy programs

Help resolving utilities arrears

Reviewing leases and legal documents

Help navigating housing court

Access to public assistance, emergency food sources, legal services, and other help as needed.

For more information, please contact:
(718) 933-5300

Bronx Works, Inc. Morris Senior Center
80 E. 181st St.
Bronx, NY 10453

Elder Abuse

Bronx Works, Inc. has a case manager who helps victims of elder abuse in all its forms: physical, emotional, verbal, and financial. Our case manager helps seniors get restraining orders, accompanies them to court, and helps get them whatever additional assistance they need. Bronx Works, Inc. works closely with the police, the Bronx District Attorney's office, and Adult Protective Services.

For more information, please contact:
(718) 933-5300

Senior Mental Health Program

Bronx Works, Inc. social worker provides group and individual counseling, as well as mental health screenings. Group counseling sessions cover topics like depression, isolation, anxiety, stress release, and bereavement.

For more information, please contact:
(718) 508-3194

HEALTH

ELDERLY PHARMACEUTICAL INSURANCE COVERAGE PROGRAM (EPIC)

(800) 332-3742

EPIC is a New York State program that helps seniors pay for their prescription drugs. More than a quarter million EPIC enrollees are saving an average of 90 percent of the cost of their medicines. Most enrollees have Medicare Part D or other drug coverage, and use EPIC to lower their drug costs even more by helping them pay the deductibles and co-payments required by their other drug plan. EPIC also helps members pay for Medicare Part D premiums.

Medicare

Helps pay certain hospital costs and medical care after deductibles, co-insurance and/or premiums.

Call: (800) MEDICARE for more information.

Medicare Savings Program

Call 311 for more information

or write to: Medicare Savings Program Applications

PO BOX 3011

Jamaica, NY 11431

New York Prescription Saver Card

A free pharmacy discount card for New York State residents. You can use this card at participating pharmacies to save as much as 60 percent on generics and 30 percent on brand name drugs.

Call New York Prescription Saver at (800) 788-6917

Medicaid

Pays medical bills for low-income persons including services not covered by Medicare (dental care, home care, institutional care, prescription drugs, eye glasses, and hearing aids). Call (718) 557-1399 or 311 for more information.

Health Insurance Information, Counseling & Assistance Program (HICAP)

The NYC HIICAP is New York's source for free, current and impartial information about health care coverage. About 500 trained HICAP counselors are available to answer Bronx resident's questions about Medicare, Medicare Advantage programs (managed care), Medicare prescription drug coverage, Medigap and other health and long term care insurance. Counseling is available through a toll free HIICAP Helpline at 1800-701—0501 or (212) 341-3978. Callers will be prompted to enter their zip code and will then be routed to their local office for the aging to talk with a trained counselor.

You can also find information about HIICAP on the internet at:

<http://www.hiicap.state.ny.us>

ALZHEIMER'S AND CAREGIVER RESOURCE

The New York City Department for the Aging's Alzheimer's and Caregiver Resource Center has experts in dementia and long-term care issues who are available to help you develop a plan of care that can benefit both you and your loved one.

All services provided by the Alzheimer's and Caregiver Resource Center are free of charge and strictly confidential. They include:

Assessment of needs

Individual and family counseling

Referral to community services

Education and training

Entitlement information

Assistance with the nursing home placement process

Information on housing alternatives such as assisted living enriched housing, etc.

The NYC Department for the Aging provides a wide array of programs and services to older New Yorkers who helped build this great city. The Department is the place to turn for answers about government benefits and services, assistance with applications and other special services.

ALERT & ALIVE DISCUSSION

Alert & Alive is an informal discussion group led by senior volunteers. Trained and supervised to run their own sessions on a continuous basis, volunteers learn the necessary skills to establish a warm and friendly atmosphere for peer group discussions. The goal is to help members feel comfortable sharing their beliefs, attitudes and concerns about aging. Training also emphasizes the importance of effective communication tools as the basis for a successful program.

To participate in this program you must be a registered member of a participating senior center. Bronx Programs

Co-op City Senior Center
2049 BARTOW AVENUE ROOM 31 LC
BRONX, NY 10475 LC(718) -320-2066
Monday – Friday, 8 a.m. – 4 p.m.

Dreiser Senior Center
177 DREISER LOOP
BRONX, NY 10475
(718) -320-1345
Monday – Friday, 9 a.m. – 1 p.m.

Einstein Senior Center
135 EINSTEIN LOOP
BRONX, NY 10475
(718) -379-2702
Monday – Friday, 9 a.m. – 1 p.m.

RAIN Boston Road Senior Center
2424 BOSTON ROAD
BRONX, NY 10467
(718) -547-8827
Monday – Friday, 8 a.m. -4 p.m.

RAIN Eastchester Senior Center
1246 BURKE AVENUE
BRONX, NY 10469
(718) -882-8513
Monday – Friday, 8 a.m. – 4 p.m.

RAIN Nereid Senior Center
720 NEREID AVENUE
BRONX, NY 10466
((71) 8)994-0132
Monday – Friday, 8 a.m. – 4 p.m.

BLOOD PRESSURE MONITORING PROGRAM

This program trains senior volunteers to measure the blood pressure of their peers. Once trained, the senior volunteers hold bi-weekly screening and monitoring sessions. Adhering to a special protocol, they keep records and follow-up with anyone whose blood pressure is too high or too low. They encourage program participants with questions about their blood pressure readings to check with their doctor.

To participate in this program you must be a registered member of a participating senior center.

BRONX PROGRAMS

AIA Bay-Eden Senior Center
Bronx River Senior Center
Bronx Works, Inc. /Morris Senior Center
Co-op City Senior Center
Dreiser Senior Center
Einstein Senior Center
Marble Hill Senior Center
Parkside Senior Center
RAIN Boston East Senior Center
RAIN Nereid Senior Center
Tolentine Zeiser Nutrition Program

PARTNER TO PARTNER PROGRAM

Partner to Partner is based on the concept that it is easier to talk with someone whose life experiences are similar to one's own. Trained volunteers act as receptive listeners to their peers and bring attentive and supportive communication skills to their conversations.

As aging and life issues are raised, the trained Partner provides a sure sense of support and understanding and, when requested, advice or referral information. To participate in this program you must be a registered member of a participating senior center.

BRONX PROGRAMS

Dora and Harry Simon Senior Center
East Concourse Senior Center

STAY WELL EXERCISE PROGRAM

The Stay Well exercise program is geared for all seniors, ranging from the fit to those with disabilities. The curriculum includes aerobic exercises as well as routines designed to enhance balance, build muscle strength and aid in the performance of the tasks associated with daily living. Classes end with stress reduction exercises. Classes normally run 40 - 50 minutes and are held once a week.

To participate in this program you must be a registered member of a participating senior center

BRONX PROGRAMS

AIA Bay-Eden Senior Center
BRONX WORKS, INC. Morris Senior Center
COBO Mt. Carmel Ctr. for Sr. Citizens
Co-op City Senior Center
Dora and Harry Simon Senior Center
Douglas Leon Senior Center
Dreiser Senior Center
East Concourse Senior Center
Einstein Senior Center
Fort Independence
Glebe Senior Center
Neighborhood Shopp Casa Boricua SC
Parkside Senior Center

Pio Mendez Senior Center
PSS Andrew Jackson Senior Center
PSS Davidson Senior Center
PSS Highbridge Senior Center
RAIN Boston East Senior Center
RAIN East Tremont Senior Center
RAIN Eastchester Senior Center
SEBCO Senior Programs
William Hodson Senior Center

GERIATRIC SERVICES

Comprehensive Geriatric Care
3224 Grand Concourse #BA
Bronx, New York 10458

Kittay House Office
2550 Webb Avenue
Bronx, New York 10468
(718) 561-0041
(718) 561-0188 Fax
www.comprehensivegeriatriccare.org

Riverdale Internal Medicine & Geriatric Services PC
3108 Kingsbridge Ave # 1B
Bronx, NY 10463-3956

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Caregivers Outreach Ministry Empowerment Inc.
3007 Edson Ave
Bronx, NY 10469-3225

-

3924 East Tremont
Bronx, ZIP

-

BRONX HOSPITALS

Albert Einstein Weiler Hospital
1825 Eastchester Rd,
Bronx, NY 10461-2373
(718) 904-2000

Beth Abraham Hospital
2275 Olinville Ave, Bronx, NY 10467-7848 (718) 519-6324

Bronx Lebanon Hospital Center
1650 Selwyn Ave, Bronx, NY 10457-7626 (718) 590-1800

Bronx Municipal Hospital
Pelham Parkway South & Eastchester, Bronx, NY 10461 (718) 918-5000

Bronx Psychiatric Hospital
1500 Waters Pl, Bronx, NY 10461-2796 (718) 931-0600

Bronx-Lebanon Hospital Center
1276 Fulton Ave, Bronx, NY 10456-3499 (718) 590-1800

Bronx-Lebanon Hospital Center
1265 Franklin Ave, Bronx, NY 10456-3500 (718) 901-8238

Bronx-Lebanon Hospital Center
1770 Grand Concourse, Bronx, NY 10453 (718) 901-8976

Calvary Hospital Home Care
1740 Eastchester Rd, Bronx, NY 10461-2322 (718) 430-9540

Calvary Hospital (718) 518-2000

Lincoln Hospital
234 E 149th St, Bronx, NY 10451-5589 (718) 579-5400

Montefiore Medical Center
111 E 210th St, Bronx, NY 10467-2490 (718) 920-4321

North Central Bronx Hospital
3424 Kossuth Ave, Bronx, NY 10467-2489 (718) 519-5000

Montefiore North Division Medical Center
600 E 233rd St, Bronx, NY 10466-2697 (718) 920-9000

Saint Barnabas Hospital
183 St & 3rd Av, Bronx, NY 10458 (718) 960-9000

Union Hospital of The Bronx
Valentine Av & E 188th, Bronx, NY 10458 (718) 220-2020

Veterans Affairs Dept Hospital
130 W Kingsbridge Rd, Bronx, NY 10468-3992 (718) 584-9000

Westchester Square Medical Center
2475 Saint Raymonds Ave, Bronx, NY 10461-3124 (718) 430-7300

Complaints about New York State Hospitals and Diagnostic and Treatment Centers

The New York State Department of Health is responsible for checking acute and primary care facilities in New York State for compliance with Article 28 of the Public Health Law. A primary program for fulfilling this responsibility is the complaint review system. State Health Department regulations allow individuals to register complaints about the care and services provided by hospitals and diagnostic and treatment centers.

To initiate a complaint about a hospital or a diagnostic and treatment center, you may call the toll-free number at (800) 804-5447, or you may file a complaint in writing and send it to: New York State Department of Health, Centralized Hospital Intake Program, 433 River Street, Suite 303, Troy, New York 12180-2299

Mental Health Services in the Bronx

Fordham-Tremont Community Mental Health Center
Administrative Offices
7th Floor
2021 Grand Concourse
Bronx, NY 10453
(718) 960-3000

Locations:

817 E 180th St, Bronx, NY 10460
(718) 960-3165/69

2250 Ryer Ave, Bronx, NY 10457
(718) 960-3295

PSYCHOSOCIAL CLUB FOR THE ELDERLY

A rehabilitation program which offers social, case management, educational and recreational activities for persons 55 years and older, who are experiencing emotional difficulties.

Location: 260 East 188th Street, 4th Floor, Bronx, NY 10458.

Telephone: (718) 960-0475.

Hours: Monday through Friday: 8:30 A.M. to 2:00 P.M.

SOCIAL ADULT DAY SERVICE

For older people in frail health, managing at home is often a struggle. There is an alternative enabling them to retain their independence and remain in the community.

Adult Care Programs provide medical assessments, rehabilitation and counseling services. These activities all take place in a friendly, social setting, helping to counteract the isolation and depression suffered by so many elderly coping with disabilities. The criteria for eligibility, fees, and specific areas served vary from program to program.

The following are Social Adult Day Care Programs available in The Bronx:

Riverdale Social Adult Day Service
2600 Netherland Avenue
Bronx, New York 10463
(718) 885-5900

Bronx Nursing Homes

New York City Department for the
Aging, Alzheimer's & Long Term Care
(212) 442-3086

Bainbridge Nursing & Rehab Center (P)
3518 Bainbridge Avenue
Bronx, NY 10467
(718) 655-1991/Fax: (718) 655-3903

Bay Park Center for Nursing &
Rehabilitation (V)
801 Co-op City Blvd.
Bronx, NY 10475
(718) 239-6444/Fax:(718) 379-3790

Beth Abraham Health Services (V)
612 Allerton Avenue
Bronx, NY 10467
(718) 881-3000/Fax:(718) 519-
4062/4073

Bronx Center for Rehab & Health Care
(P)
1010 Underhill Avenue
Bronx, NY 10472
(718) 863-6700/Fax: (718) 863-2787

Bronx Lebanon Special Care Center (V)
1265 Fulton Avenue
Bronx, NY 10456
(718) 579-7000/Fax: (718) 579-7025

Bronx Park Rehabilitation & Nursing
Center (P)
3845 Carpenter Avenue
Bronx, NY 10467
(718) 798-1100/Fax:(718) 515-4252

Casa Promesa Residential Health Care
Facility (V)
308 East 175 Street
Bronx, NY 10457
(718) 960-7600/Fax: (718) 901-
1118/960-7618

Concourse Rehab & Nursing Center (P)
1072 Grand Concourse
Bronx, NY 10456
(718) 681-4000 Fax (718) 681-5165

Daughters of Jacob Health Services (V)
1160 Teller Avenue
Bronx, NY 10456
(718) 293-1500/Fax: (718) 992-2253

Eastchester Rehabilitation & Health
Care Center (P)
2700 Eastchester Road
Bronx, NY 10469
(718) 231-5550/Fax:(718) 231-5268

East Haven Nursing & Rehab Center (P)
2323-27 Eastchester Road
Bronx, NY 10469
(718) 655-2848/Fax: (718) 515-8249

Fieldston Lodge Care Center (P)
666 Kappock Street
Riverdale, NY 10463
(718) 549-1203/Fax: (718) 884-3792

Gold Crest Care Center (P)
2316 Bruner Avenue
Bronx, NY 10469
(718) 882-6400/Fax: (718) 652-2461

Grand Manor Nursing & Rehab Center
(P)
700 White Plains Road
Bronx, NY 10473
(718) 518-8892/Fax: (718) 931-5994

Hebrew Home for the Aged at
Riverdale, Palisade Nursing Home (V)
5901 Palisade Avenue
Bronx, NY 10471
(718) 581-1000/Fax:(718) 549-0721

Hebrew Home for the Aged at
Riverdale, Baptist Division (V)
3260 Henry Hudson Parkway
Bronx, NY 10463
718) 549-0150

Hudson Pointe at Riverdale Center for
Nursing and Rehabilitation
3220 Henry Hudson Parkway
Bronx, NY 10463
(718) 549-9400/Fax: (718) 549-0535

Highbridge-Woodcrest Center, Inc. (V)
936 Woodcrest Avenue
Bronx, NY 10452
(718) 293-3200/Fax: (718) 293-8915

Jewish Home & Hospital for the Aged,
Bronx Division (V)
100 West Kingsbridge Road
Bronx, NY 10468
(718) 410-1500/Fax: (718) 410-1366

Kings Harbor Multicare Center (P)
2000 East Gun Hill Road
Bronx, NY 10469
(718) 320-0400/Fax: (718) 549-9053

Kingsbridge Heights Rehab & Care
Center (P)
3400 Cannon Place
Bronx, NY 10463
(718) 796-8100 x106/Fax: (718) 549-9053

Laconia Nursing Home (P)
1050 East 230th Street
Bronx, NY 10466
(718) 654-5875/Fax: (718) 881-0729

Manhattanville Health Care Center (P)
311 West 231st Street
Bronx, NY 10463
(718) 601-8400/Fax: (718) 543-9543

Methodist Church Home for the Aged
(V)
4499 Manhattan College Parkway
Bronx, NY 10471
(718) 548-5100/Fax: (718) 884-0073

Morris Park Nursing Home (P)
1235 Pelham Parkway North
Bronx, NY 10469
(718) 231-4300/Fax: (718) 881-3534

Mosholu Parkway Nursing & Rehab
Center (P)
3356 Perry Avenue
Bronx, NY 10467
(718) 655-3568/Fax: (718) 515-5713

Park Gardens Rehab & Nursing Center,
LLC (P)
6585 Broadway
Bronx, NY 10471
(718) 549-2200/Fax: (718) 549-5030

Pelham Parkway Nursing Care & Rehab
Center (P)
2401 Laconia Avenue
Bronx, NY 10469
(718) 798-8600/Fax: (718) 798-5282

Project Samaritan AIDS Svcs (V)
1401 University Avenue
Bronx, NY 10452
(718) 681-8700/Fax: (718) 293-0510

Providence Rest Nursing Home (V)
3304 Waterbury Avenue
Bronx, NY 10465
(718) 931-3000/Fax: (718) 863-0185

Regeis Care Center (P)
3200 Baychester Avenue
Bronx, NY 10475
(718) 320-3700/Fax: (718) 671-2554

Riverdale Nursing Home (P)
641 West 230th Street
Bronx, NY 10463
(718) 796-4800/Fax: (718) 796-2956

Saint Barnabas Nursing Home (V)
2175 Quarry Road
Bronx, NY 10457
(718) 960-3917/Fax: (718) 960-3998

Saint Patrick's Home for the Aged &
Infirm (V)
66 Van Cortlandt Park South
Bronx, NY 10463
(718) 519-2800/Fax: (718) 519-2817

Saint Vincent de Paul Residence (V)
900 Intervale Avenue
Bronx, NY 10459
(718) 589-6965/Fax: (718) 589-0188

Schervier Nursing Care Center (V)
2975 Independence Avenue
Bronx, NY 10463
(718) 548-1700/Fax: (718) 431-0744

Split Rock Nursing Home & Health
Center (P)
3525 Baychester Avenue
Bronx, NY 10466
(718) 798-8900/Fax: (718) 405-1439

Terrace Healthcare Center (P)
2678 Kingsbridge Terrace
Bronx, NY 10463
(718) 796-5800/Fax: (718) 548-5982

Throgs Neck Extended Care Facility (P)
707 Throgs Neck Expressway
Bronx, NY 10465
(718) 430-0003/Fax: (718) 792-2765

United Odd Fellows & Rebekah Home
(V)
1072 Havemeyer Avenue
Bronx, NY 10462
(718) 863-6200/Fax: (718) 892-5935

University Nursing Home (P)
2505 Grand Avenue
Bronx, NY 10468
(718) 295-1400/Fax: (718) 584-0175

Wayne Center for Nursing & Rehab (P)
3530 Wayne Avenue
Bronx, NY 10467
(718) 655-1700/Fax: (718) 515-5650

Williamsbridge Manor Nursing Home (P)
1540 Tomlinson Avenue
Bronx, NY 10461
(718) 892-6600/Fax: (718) 931-1061

Workmen's Circle Multicare Center (V)
3155 Grace Avenue
Bronx, NY 10469
(718) 379-8100/Fax: (718) 379-4018

FREE SERVICES FOR SENIORS WITH LEGAL BLINDNESS AND LOW VISION

Vision Rehabilitation Services

VISIONS Rehabilitation Department helps blind and visually impaired seniors achieve their highest level of independence. Vision Rehabilitation Professionals provide instruction in adaptive independent living skills and mobility at home, at work and in the community, in addition to occupational therapy, social work counseling, and assistance with employment.

For More Information Contact:
Diana Cruz, Intake Coordinator x 134
Toll Free 1-888-245-8333
Email: dacruz@visionsvcb.org

Community Outreach and Training

Through inter-agency collaborations, VISIONS ensures that individuals who are blind have access to community-based resources. VISIONS works closely with advisory boards in the Bronx. VISIONS provides training in senior centers, assistance in utilizing senior programs in local communities, public education forums on eye disease and blindness prevention and vision screenings in all five boroughs of New York City, and has affiliations with 64 senior centers.

For More Information Contact:

Amanda L. Slattery, Assistant Director, Community Outreach x 142

Toll Free 1-888-245-8333

Email: aslattery@visionsvcb.org

VISIONS at Selis Manor

VISIONS at Selis Manor is an adapted learning environment and meeting place for blind youth, adults and seniors. Located at 135 West 23rd Street in Manhattan, Visions at Selis Manor offers support groups, computer training, adapted recreation registration for a variety of classes from fitness to computer training, assistance with benefits, social programs such as Senior Speak Out, and various volunteer and social work services for seniors who are blind.

For More Information Contact:

Carolyn Wolfe, LMSW, Director of Social Services x 11

646-486-4444

Email: cwolfe@visionsvcb.org

Intergenerational Volunteer Program

VISIONS Intergenerational Volunteer Program recruits and trains high school students to assist blind seniors in their homes, and at Selis Manor. The youth provide companionship, escort, assistance with reading and shopping.

For More Information Contact:

Elizabeth Lee, Volunteer Coordinator x 108

Toll Free 1-888-245-8333

Email: elee@visionsvcb.org

VISIONS VCB

VCB is an overnight facility located in Rockland County, New York providing recreational social programs, vision rehabilitation, and peer support groups on scheduled weekends and 6-12 day summer sessions. VCB is open year round and is adapted to meet the needs of people who are blind and including people who are independent wheelchair users.

For More Information Contact:

Carmen Thorne or Danielle Pepin x 107 or 130

Toll Free 1-888-245-8333

Email: cthorne@visionsvcb.org
dpepin@visionsvcb.org

Blindline

Blindline provides a toll-free number for access to a New York statewide database of resources and services for people who are blind or visually impaired, their family members, caregivers, and professionals. The call center is available Monday through Friday from 9:00am to 5:00pm by calling 888-625-1616. A fully accessible website (www.blindline.org) with direct access to the database and a customer feedback feature is open to the public.

For More Information Contact:

Michael Cush, Blindline Coordinator x 139

Toll Free 1-888-245-8333

Email: mcush@blindline.info

Guild Institute for Vision and Aging At Jewish Home Lifecare
Bronx Division

The Bronx campus of Jewish Home recently opened a new Long Term community in collaboration with the Guild Institute for Vision and Aging a specially modified 38-bed unit unique to the New York Metropolitan region.

Jeanette Cohen

Marketing Manager

Jewish Home Lifecare

120 West 106th Street, Kaufman 4B, NY, NY 10025

(212) 870-5079/914-864-5172

jcohen@jhha.org

HOUSING FOR SENIORS

Senior Citizen Homeowners Exemption (SCHE)

Savings of up to 50% to qualified property owners of 1 to 3 units dwelling, condominiums or cooperative apartments. Applicants must be age 65 or older, have held title to the property for at least 12 consecutive months and the property must be applicant's legal residence, used exclusively for residential purposes.

For more information call 311

Real Property Tax Credit (IT-214)

Provides tax credit or cash payment of up to \$375 to homeowners or renters for part of previous year's rent or real property taxes. To qualify, current market value (home, garage, land, etc.) must be \$85,000 or less; or average monthly rent must be \$450 or less, not including heat, gas or electricity.

Or you can apply to:

Taxpayers Assistance Bureau

New York State Department for Taxation and Finance

(800) 225-5829

In addition to the IT-214 benefit, you may also claim the City of New York School Tax Credit (NYC-210) for all or part of the year if you cannot be claimed as a dependent on someone else's Federal income tax return. If you do not have to file a New York State income tax return, use the form NYC-210 to claim this credit.

Call (800) 225-5829 NYS Department of Taxation and Finance for more information.

Home Energy Assistance Program (HEAP)

A one-time grant per year to help low-income homeowners and renters pay fuel and utility cost.

Only HEAP-eligible households paying directly for heat may apply for help with fuel, repair or heat-related equipment or temporary relocation.

To Apply: Call 311 for more information.

Weatherization Referral and Packaging Program (WRAP)

Provides low-income elderly with free weatherization services to lower their energy bills and increase the comfort of their homes. Services include insulation, replacement of doors and windows and repairs furnaces and roofs.

Must reside in one- to four-unit dwellings

To apply: If 60 or older call 311 and ask about the WRAP program.

New York State School Tax Relief Program (STAR)

STAR is the New York State School Tax Relief Program that provides an exemptions from the school portion of property taxes for owner-occupied primary residences.

For more information call 311 or write to:

NYC Department of Finance
STAR Exemptions
P.O. Box 3120
Church Street Station
New York, NY 10008-3120

RENT CONTROLLED & RENT STABILIZED APARTMENTS

N.Y.S. Division of Housing & Community Renewal
Bronx Borough Rent Office
One Fordham Plaza
2nd Floor
Bronx, New York 10458
Phone: (718) 563-5678

PUBLIC HOUSING

This refers to housing built and managed by the New York City Housing Authority (NYCHA) for low and moderate income residents of New York City. Public Housing provides independent, rent subsidized apartment living with the availability of some social services as needed. NYCHA maintains over 300 housing developments throughout the five boroughs. Most of these developments are "family type" i.e. not specifically reserved for the elderly. Forty-two of these developments have been built for and are occupied almost exclusively by the elderly. This guide lists the senior only NYCHA developments for this borough.

To obtain an application for public housing, write, call or visit:

New York City Housing Authority
Bronx Applications Office
1 Fordham Plaza, 5th Floor
Bronx, NY 10458
(718) 329-7859

ADULT HOMES

Adult Homes provide long-term residential care, room and board, housekeeping, personal care (which includes assistance with bathing and dressing), and supervision to a minimum of five dependent adults. Congregate meals are provided three times daily, and a full range of planned activities and outings are usually offered. Adult homes do not provide nursing and medical care, but a number of these facilities contract with physicians who visit residents when necessary. A large number of adult homes also provide services to younger, mentally ill or disabled adults. Rooms may be private or shared, and homes in New York City range in size from 30 to 400 beds.

To be eligible for an adult home, an individual must be either ambulatory or able to transfer from a bed to a chair, alert, and continent.

MITCHELL-LAMA HOUSING

Mitchell-Lama housing, overseen by either the New York State Division of Housing and Community Renewal or the New York City Department of Housing Preservation and Development, provides subsidized rental and cooperative apartments for middle income New Yorkers. A small portion of this housing stock was developed for and is occupied exclusively by the elderly, but there are no age limitations on applying to any Mitchell-Lama development. This type of housing does not generally provide supportive services, but limited services such as transportation, social services, and leisure activities are available in some developments. Rents and carrying charges vary throughout the Mitchell-Lama developments, as do income requirements. Generally, for a household of three persons or less, annual income may not exceed seven times the annual rent.

Section 202 Housing

Section 202 Housing, is the main source of subsidized, low-income housing for seniors in New York City with over 170 projects located throughout the five boroughs. The program is federally funded by the U.S. Department of Housing and Urban Development (HUD) which provides grants to not-for-profit religious and civic groups, each of which constructs their own building.

To be eligible for residency in most Section 202 projects, a household must have at least one member 62 years of age or older, and must have a gross annual income of no more than \$22,000 for a one-person household, and no more than \$25,100 for a two-person household.

Section 8 Housing

New York City Housing Authority Section 8 Program

Section 8, also known as the Housing Choice Voucher Program, provides funding for rent subsidies for eligible low-income families for decent, safe, and affordable housing. Families can select housing within a neighborhood of their choice from a landlord willing to participate in the program. Rent subsidies (vouchers) allow families to pay a reasonable share of their income toward rent while the program, within specific limits, makes up the difference.

Please refer to the borough office listed below for assistance with obtaining application forms, general information, or to check the status of your submitted application. The hours of operation for all offices are 8:00 a.m. to 5:00 p.m. Monday through Friday. Offices are closed to walk-ins on Wednesdays. Phone calls are accepted Monday through Friday.

Bronx Applications Office
1 Fordham Plaza, 5th Floor
Bronx, NY 10458
(718) 329-7859

Senior Citizens Rent Increase Exemption (SCRIE)

The Senior Citizen Rent Increase Exemption (SCRIE) program offers eligible tenants an exemption from rent increases which may result in a reversion to rent paid under a previous lease or rent order. The owner of the building receives a corresponding credit against their real estate taxes from the City of New York.

To be eligible for SCRIE, you must meet all of the following requirements:

- You must be age 62 or older.
- Rent an apartment that is regulated by the Division of Housing and Community Renewal (DHCR) (i.e. rent controlled or rent stabilized apartments or hotel stabilized).

Please call the Department of Finance at 311 or (212) 639-9675 for an application.

New York Foundation for Senior Citizens, Inc. Minor Home Repair Program

11 Park Place – Suite 141
New York, NY 10007
(212) 962-7653 Ext. 211

The New York Foundation for Senior Citizen’s Home Repair Program provides MINOR home repair and maintenance services for the elderly homeowner who is 60 years of age and older, resides in the five boroughs of New York City and whose income does not exceed certain guidelines. The homeowner must furnish parts and materials.

Services include:

- Weatherization
- Minor plumbing
- Masonry
- Gutter cleaning and repair – first story only
- Minor electrical work
- Carpentry

New York Foundation for Senior Citizens, Inc. Home Sharing Program

The Foundation’s free Home Sharing Program helps link adult “hosts” with extra bedrooms in their homes or apartments with appropriate adult “guests” to share their space. One of the match mates must be age 60 or over. The program also serves adults “hosts: age 55 and over, who are interested in sharing with developmentally disabled adult “guests” capable of independent living.

For more information call (212) 962-7559

Senior Citizen Homeowner Revolving Loan Fund

N.Y.C. Department of Housing Preservation & Development
100 Gold Street
New York, NY 10038
(212) 863-8000

Parodneck Foundation
121 6th Avenue
New York, NY 10013
(212) 431-9700 x.300

The Parodneck Foundation's Senior Citizen Homeowner Assistance Program (SCHAP) provides financial assistance to senior citizen homeowners who are living in physically deteriorated housing or who are in danger of losing their homes to foreclosure. To be eligible, a senior must reside in any of the five boroughs in the City of New York, be at least 60 years old, and have been an owner-occupant of a one- to four-family home for at least two years. Homes must have property and liability Insurance. Seniors household incomes, including rental income, cannot exceed the income area median income.

The SCHAP Program

The Senior Citizen Homeowner Assistance Program (SCHAP) provides low and on interest affordable loans, hands-on technical assistance, and social service referrals to home owning senior citizens in need of help making necessary renovations. The SCHAP program plays a critical role in helping seniors retain and improve their homes, avoid premature institutionalization, and maintain their independence and dignity. Affordable loans to replace your boiler, electrical system, windows, roof, kitchen, bathroom, plumbing system, sewer, and/or water main, as well as to make other repairs. To be eligible, a senior must reside in any of the five boroughs in the City of New York, be at least 60 years old, and have been an owner least two years.

Contact:

New York City Department of Housing Preservation & Development
(212) 863-8000

or

To get started in the process

Contact: Andrew Laiosa at (718) 231-9800 X17
Neighborhood Initiatives Development Corporation



**BRONX BOROUGH PRESIDENT
RUBEN DIAZ JR.**

851 GRAND CONCOURSE, ROOM 301

BRONX, NEW YORK 10451

(718) 590-3500

bronxboropres.nyc.gov